



Town of Sudbury

Board of Health

Sudbury Health Department
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FOR IMMEDIATE RELEASE
November 3, 2025

Information on the November SNAP Benefits Freeze

The Sudbury Health Department is aware that many residents are concerned about the recent freeze on November Supplemental Nutrition Assistance Program (SNAP) benefits. On October 31, 2025, a federal judge ruled that the federal administration must issue November SNAP benefits. However, this ruling does not immediately restore payments, and it is still unclear when benefits will be released or in what amount.

At this time, there are more questions than answers. The state and local partners are working closely together to learn more and to support residents who may be impacted. We understand how stressful this uncertainty can be for individuals and families who rely on SNAP to put food on the table.

The Sudbury Health Department will continue to share updates as more information becomes available. In the meantime, please don't hesitate to reach out to us if you need support or assistance finding resources.

Contact:

Sudbury Community Social Workers
(978) 440-5476
socialworker@sudbury.ma.us
sudbury.ma.us/socialworker/

If you or someone you know is struggling to afford groceries, help is available. [**Project Bread**](#) runs a free and confidential FoodSource Hotline at **1-800-645-8333** to connect you with local food resources and assistance programs.

Residents facing immediate hunger can also reach out directly to one of our local food partners:

Sudbury Community Food Pantry

534 Boston Post Road, Wayland

Sign up and register at: www.sudburyfoodpantry.org/

Open Tuesdays and Fridays 12:00 PM – 2:15 PM

This is a drive-thru service. Groceries can be pre-ordered online.

Open Table Food Pantry

19 Summer Street, Maynard

Phone: 978-254-1670

Register and sign up at: www.opentable.org/programs/

Open Tuesdays 1:00 PM – 3:00 PM (ages 65+)

Tuesdays 3:00 PM – 6:30 PM

Thursdays 11:00 PM – 4:30 PM

This is a drive-thru service. Groceries may be pre-ordered on line or by phone or make selections upon arrival. Volunteers will load the grocery bags into the trunk.

Celebration International Church

6 Loker Street, Wayland

Register on line at cicalive.org/foodpantry/ or show up.

Open 1st and 3rd Thursday of each month 7:00 PM – 9:00 PM,

Saturday following the 3rd Thursday from 9:00 AM – 10:00 AM.

Prefilled box/bag of groceries only; no personal selection of food products.

Sudbury Care Pantry

St. Elizabeth's Episcopal Church

On-line registration and ordering only, please visit www.st-elizabeths.org/care-pantry

Provides personal care items such as soap and laundry detergent that SNAP does not cover. Available to Sudbury residents. Requests can be made every 6 weeks.