



COMMUNITY PRESERVATION ACT

Town of Sudbury

Application for CPA Funding

Please email PDF application to:
PoteatR@sudbury.ma.us

Applications may also be dropped off or mailed to:
Community Preservation Coordinator
278 Old Sudbury Road, Sudbury, MA 01776

Project Title National Campaign Fitness Court Date Submitted 08/31/2026

Applicant/Contact Person (please print) Victor Garofalo

Signature Victor Garofalo
Digitally signed by Victor Garofalo
DN: cn=Victor Garofalo, o=Town of Sudbury,
ou=Assistant Town Manager, Finance Director,
email=garofalov@sudbury.ma.us, c=US
Date: 2026.08.02 13:22:45 -0400

Staff person/Responsible party Victor Garofalo, Assistant Town Manager, Finance Director

Email garofalov@sudbury.ma.us Telephone 978-639-3377

Estimated Completion Date Spring / Summer 2028

Total Cost of Project \$300,000 CPA Funds Requested \$300,000

CPA Eligibility (refer to the chart on page 4)

Please select the category and purpose of your project:

CPA Catagory:

- ☐ Community Housing
- ☐ Historic Preservation
- ☒ Open Space & Recreation

CPA Purpose:

- ☐ Acquisition
- ☒ Creation
- ☐ Preservation
- ☐ Support
- ☐ Rehabilitation & Restoration

For more information of the factors and considerations used by the Community Preservation Committee used to prioritize projects, please refer to the General Considerations summary (on pages 5-6).

<https://sudbury.ma.us/cpc/>

PROJECT DESCRIPTION: Provide answers to the questions listed below. A complete application must provide all relevant requested information. Include supporting materials and exhibits as needed.

1. Goals: What are the specific objectives of the proposed project? Who will benefit and how?

We are proposing to install a National Fitness Campaign Fitness Court, an outdoor fitness amenity designed for residents ages 14 and older and for users of all fitness levels and abilities. This Fitness Court will be installed at Haskell Field, and replace the outdated Fitness Equipment that is currently there. The Fitness Court will provide a durable, accessible space for body-weight exercise, wellness programming, informal recreation, and community health activities. The project will expand Sudbury's recreation offerings beyond traditional athletic fields and playgrounds by creating a free fitness resource for teens, adults, older adults and families. The Fitness Court can be viewed at <https://www.nationalfitnesscampaign.com/fitness-court>.

2. Community Need: Why is this project needed? Does it address needs identified in existing Town or regional plan, by committees/board, or needs raised in community discussions? Will the project serve multiple needs or populations?

Sudbury continues to make investments in athletic fields, playgrounds, trails, and other recreational facilities. The Town has fewer outdoor recreation amenities specifically designed for teens and adults who want free, convenient opportunities for fitness, strength training, and wellness activities. The Fitness Court will address this need by adding a free, all-season outdoor fitness resource to the Town's recreational infrastructure. The project supports the Town's broader goals of maintaining high-quality recreational facilities, promoting healthy and active lifestyles, and creating inclusive amenities that serve residents of varied ages and abilities.

3. Community Support: Which Town Boards/Committees/Departments or community organizations have you consulted/collaborated.

The project is being proposed by the Assistant Town Manager, and will work in coordination with the Parks and Recreation Department, Department of Public Works and Recreation Commission.

4. Budget: What is the total budget for the project and how will CPA funds be spent? Provide written estimates to substantiate proposed costs. Include a multi-year budget, if appropriate. (NOTE: CPA funds may NOT be used for general maintenance purposes.)

The total preliminary project budget is \$300,000. Project Component Estimated Cost; Fitness Court equipment \$170,000, Concrete foundation / slab; \$45,000, Installation \$30,000, Site preparation, accessibility improvements, drainage, landscaping, design, permitting, and contingency; \$55,000. Total Project Budget \$300,000. The final budget will be determined through procurement, a site-specific construction estimate, and any required design or permitting costs before the project proceeds to construction.

5. Funding: What other funding sources are committed or under consideration? Include any commitment letters or describe other efforts to secure funding for this project.

We are requesting \$300,000 in CPA funding for the project. The Town also intends to apply for available grant funding through the National Fitness Campaign and Blue Cross Blue Shield of Massachusetts. NFC's Massachusetts program currently indicates statewide grant funding is available for qualified municipalities and campuses. Any grant award received will reduce the amount of CPA funding required for the project or may be used to strengthen the project scope through additional eligible site improvements, subject to CPC approval.

6. **Timeline:** What is the schedule for project implementation? Include a timeline for critical elements: procurement, groundbreaking, expenditures, and estimated project completion.

Once funding is approved, the Town will file for the Grant. Procurement will be done in the winter 2027, with the project commencing Summer 2028.

7. **Urgency:** Is there urgency to the completion of this project? What are the ramifications if the project is delayed and/or not completed?

The project represents a timely opportunity to secure outside funding and add a durable public wellness amenity as the Town continues to plan and improve its recreational facilities. Delaying the project could result in the loss of available National Fitness Campaign grant funding, higher construction and material costs, and a delay in providing a free fitness resource for residents.

8. **Implementation:** Who will be responsible for implementing the project? Who will manage the project? Does the proposed project manager have relevant experience? Who else will be involved in project implementation and what arrangements have been made with them?

The Assistant Town Manager will oversee the project in coordination with the Parks and Recreation Department and the Department of Public Works. The Assistant Town Manager/Finance Director will serve as the responsible staff person and will manage project budgeting, procurement, contracts. National Fitness Campaign will provide equipment specifications, site-planning guidance, installation coordination, wellness programming resources, and grant support. The Town will procure all required professional services and construction work in accordance with applicable state procurement requirements.

9. **Maintenance:** If maintenance is required, who will be responsible and how will it be funded?

The Fitness Court is designed for outdoor, year-round use and does not require utilities or complex mechanical systems. Routine inspections, cleaning, and landscape maintenance will be incorporated into the Town's existing Parks and Recreation/DPW maintenance responsibilities and funded through the applicable operating budgets.

ADDITIONAL INFORMATION: Provide the following additional information, if applicable.

10. **Further Documentation:** Provide feasibility reports, renderings, map location, and other relevant studies and materials. Photos, detailed design renderings, relevant or comparable projects and supporting documents such as historic structural and existing conditions reports, also will be helpful in defining the parameters of your project.

11. **Other Information:** Include any additional information that might benefit the Community Preservation Committee in the evaluation of this project.

12. **Applicants with multiple requests:** Please prioritize your proposals.

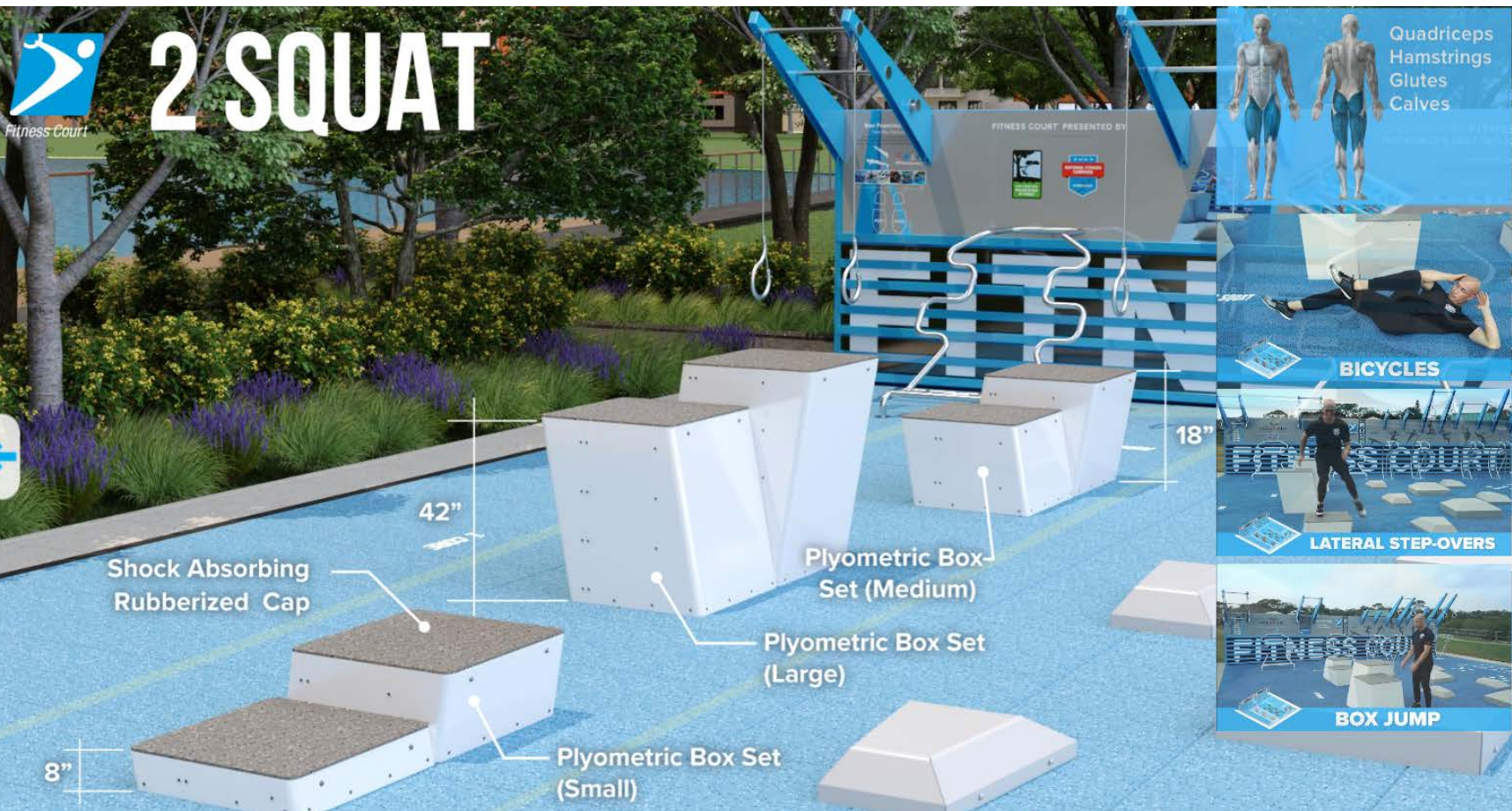
Grant recipients are required to acknowledge the Community Preservation Act in press releases, publicity materials, news, and written or oral announcements about work supported with CPA funds. Additionally, the CPC requires signage in the form of a sign or plaque affixed on or adjacent to CPA-funded work as approved by the CPC when possible. The CPC will fund and supply the signage in consultation with the Applicant.

Conflict of Interest: The CPC is governed by Massachusetts General Law Chapter 268A Conflict of Interest Law, which regulates the standards of conduct of all state, county and municipal employees and volunteers, whether paid or unpaid, full or part-time, intermittent or temporary.

FITNESS COURT









Chest
Shoulders
Triceps



PEC STRETCH



NEUTRAL GRIP PUSH UPS

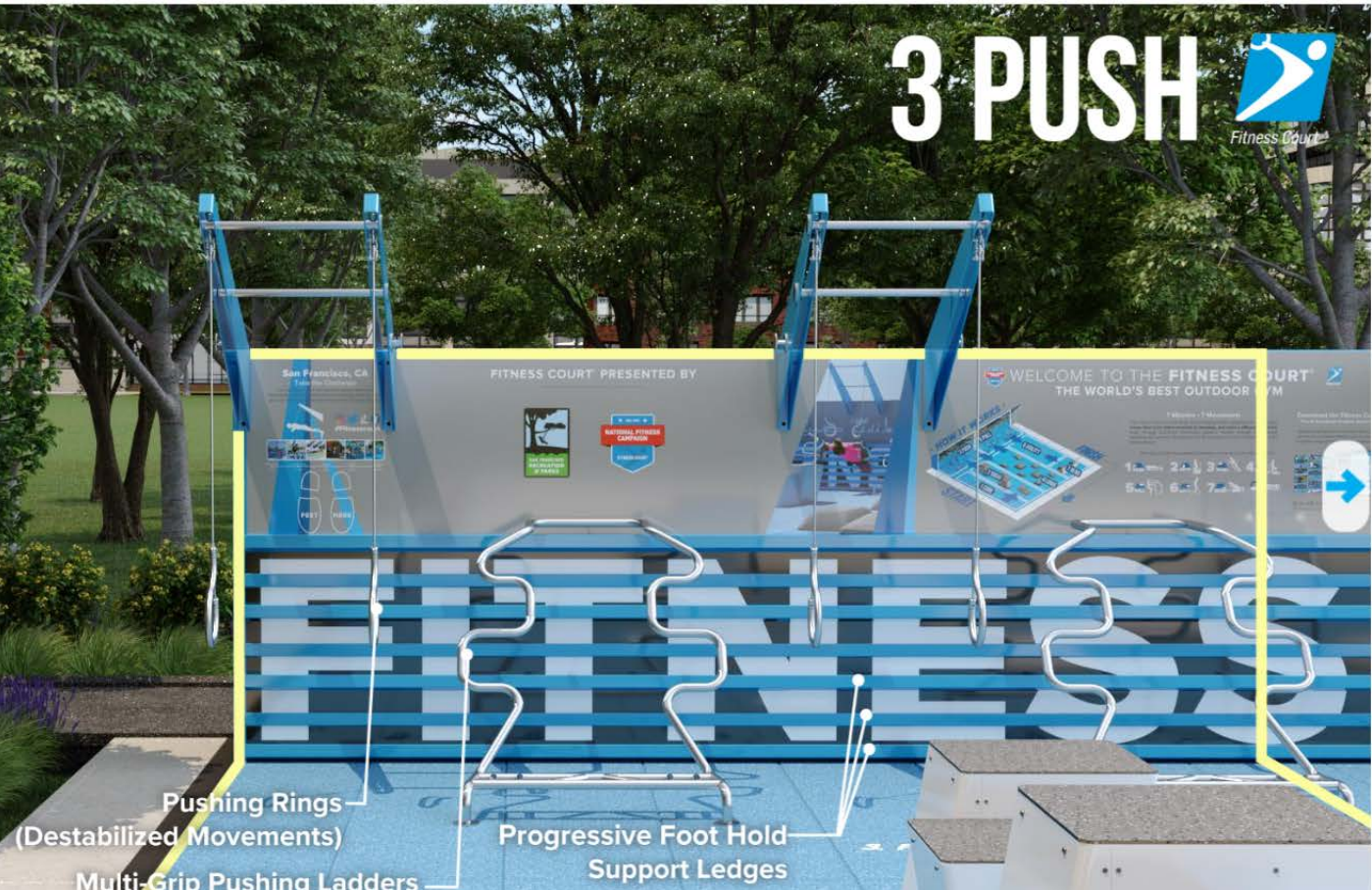


RING PUSH UPS

3 PUSH



Fitness Court



Pushing Rings
(Destabilized Movements)

Multi-Grip Pushing Ladders

Progressive Foot Hold
Support Ledges





Back
Shoulders
Biceps



ASSISTED PULL UP



RING CURL



UNDERHAND LET ME UPS

Narrow-Grip Pull Up Bars
(Stabilized)

Wide-Grip Pull Up Bars
(Stabilized)

High Pulling Rings
(Destabilized)

Low Pulling Rings
(Destabilized)

Multi-Grip Pulling Ladders

Neutral-Grip

5 PULL



Fitness Court





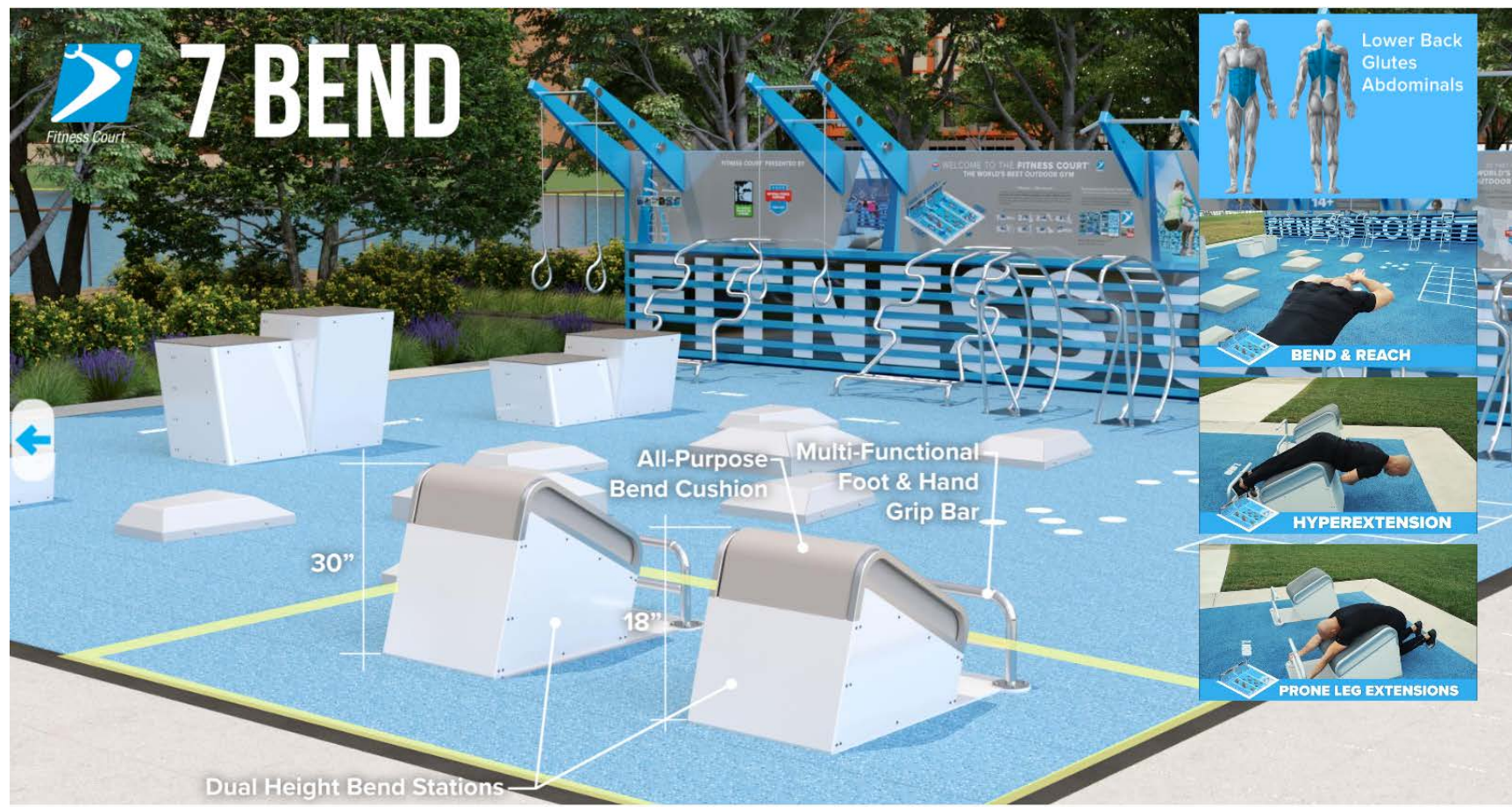
6 AGILITY





Fitness Court

7 BEND



Current Location of Fitness Court



