

**Sudbury Board of Health
COVID -19
Public Health Advisory**

At their meeting on August 10th, 2021 the Board of Health assessed current COVID data and trending as a result of increasing cases due to the Delta variant. As a result, the Board is issuing the following advisory to reduce the risk of transmission:

Effective immediately, it is advised that all individuals aged two years and above wear face coverings in all indoor spaces, public or private (open to the public), including but not limited to the following:

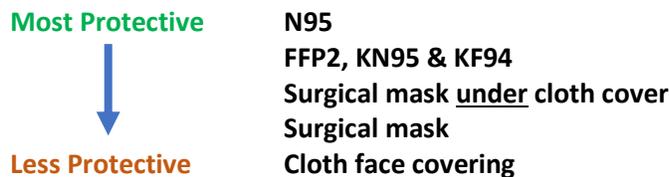
- **Public buildings, schools, and private childcare facilities**
- **Retail stores**
- **Retail food stores, food establishments, and bars until the customer is seated;**
- **Fitness centers/health clubs, dance studios, and all recreational facilities;**
- **Houses of worship;**
- **Personal service establishments: barber shops, hair and nail salons allowing for temporary removal during service;**

This advisory applies to all workers, customers and visitors.

All individuals, regardless of vaccination status should:

- Wear a face covering or mask that covers your nose and mouth.
- Stay 6 feet apart from others who don't live with you.
- Avoid crowds and poorly ventilated indoor spaces.
- Wash your hands often with soap and water. Use hand sanitizer if soap and water aren't available
- Get tested if you have been exposed to or have symptoms associated with COVID-19.

When possible, wear more protective masks, which are now readily available for the general public:



When you wear a mask or face covering, it should:

- Fit snugly but comfortably against the side of the face,
- Be secured with head straps, ties or ear loops,
- Allow for breathing without restriction

Cloth face coverings should:

- Include multiple layers of fabric, and
- Be able to be laundered and machine dried without damage or change to shape.

The Board of Health will continue to assess levels of transmission as reported by the Massachusetts Department of Public Health:

<https://www.mass.gov/info-details/covid-19-response-reporting>

and Centers for Disease Control and Prevention (CDC):

<https://covid.cdc.gov/covid-data-tracker/#county-view>