

# Municipal Update

Numerous buildings in Sudbury, including Town Hall, Grange Hall and Presbyterian Church (shown here) are illuminated with purple lights in October in commemoration of **Domestic Violence Awareness Month**.



## *Work Hard, Play Hard, Love Hard*

**BY HENRY L. HAYES, JR.,  
TOWN MANAGER**

The last year and a half have been really interesting and stressful in many ways. I am confident that this is true for everyone age 9 and up. I know real impacts occurred for younger people too... but I had to draw a mental line somewhere.

*Continued on next page.*

## *Inside:*

Motor Vehicle Excise

Rail Trail

Bow Hunting

Library of Things

From the Select Board  
ARPA  
Community Preservation Act  
Master Plan

## ***Work Hard, Play Hard, Love Hard...***

*continued*

Think about this, be gentle with yourself, how many tragedies and hardships are you of aware since the global pandemic started? I've missed a lot of joyous and sad events related to family and friends.

COVID-19, along with other illnesses, has taken so many loved ones from us.

With two more deaths of people I know this week, I was reminded of a 2008 memorial service I attended. The young man being honored had lived a deeply impactful life. The way he was described caused me to stop on the way home to reflect on my life. You see, I did not know this amazing American, a true patriot. I went to the service to pay respects, honor the mourning family, and support the organization and community.

Here is a portion of what I discovered while at the service. This 28-year-old was known to work hard, play hard and love hard. He won multiple awards and had a lot of recognition. His peers and supervisors trusted and respected him. This was a person to watch for and develop into the future! It was quite evident that he played hard... in fact, he had a neighbor down the street purchase the same year, make and model vehicle so they could be alike. Things went to the extent that the neighbor bought a stick-shift, without being able to drive it, knowing his friend would teach him. That's what I call playing hard. When it came to loving hard, you could see and feel it regarding his wife and mother. In fact, his wife read a few of the notes he wrote for her. Ummm yeah! She did not edit them for the kids in the room. His mother was never unaware of his progress and advancements in life. He loved hard.

On the way home, I stopped to eat, I sat there for over 2 hours and barely touched my food. I was stuck, thinking about the testimonies and praises attributed to this young hero.

I had to examine myself, based on what I had just experienced. Did I work hard, play hard and love hard? Or hard enough?

I knew I worked hard, I have scars to prove it. I used to play hard, but that was slowing down and giving way to the work. And when it comes to loving hard – I deeply love my wife and there can be no disputes about it! But wait, how would it line up with what I just heard? Was I sacrificing more broadly than I intended? Sadly, I must admit, the truth indicated that I was cutting more time and effort than I thought.

This reality check made me think and rethink, and think some more. What would I like to have said at my service? Am I living in such a way to invite similar words and adoration? Is my perception of myself accurate, when evaluated from another person's viewpoint? What adjustments can I commit to in the effort to be the person I envision?

I made some adjustments, and will continue to do so. Changing patterns is not easy work, even if it is the way one talks to others, kicking an undesired habit or trying to shed the winter weight (AKA COVID comfort) that I, (I mean someone) picked up. The efforts required to make an effective, long-term change isn't always easy, but it is possible. We are the most resilient and adaptable of all creatures on earth, and our potential for increased personal improvement is within reach, if we want it bad enough.

So I end this note by inviting you into my quest and questions... Do I work, play and love hard... or, hard enough? Am I ready to make more positive changes? In the end, what do I want people to say about me? Am I live in a way to allow that to happen?

Peace, blessings and effective changes be upon us all.

# TOWN MANAGER OFFICE HOURS

Join Town Manager  
**Henry L. Hayes, Jr.** at  
the next virtual open  
office hours - an  
opportunity for  
residents to talk  
about issues of  
interest or concern.

**MONDAY, DEC. 13**

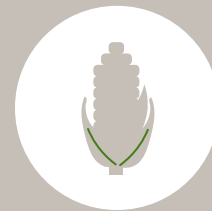


[sudbury.ma.us/TMOH](https://sudbury.ma.us/TMOH)

## Sudbury Town Office HOLIDAY CLOSURES

### Thanksgiving

Non-emergency Town offices  
will be closed on  
**Thurs-Fri, November 25-26, 2021**



### Christmas

Non-emergency Town offices  
will be closed on  
**Friday, December 24, 2021**



### New Years Day

Non-emergency Town offices  
will be closed on  
**Friday, December 31, 2021**



# Motor Vehicle Excise Tax Considerations

BY CYNTHIA GERRY,  
DIRECTOR OF ASSESSING

The following excise tax topics come up time and again with individuals seeking assistance with excise tax bill issues. For further information, please contact the Assessor's Office at [assessors@sudbury.ma.us](mailto:assessors@sudbury.ma.us) or 978-639-3393.

## Selling or Trading a Car: Register Your Vehicle

If you sell or trade a vehicle and do not transfer the registration to another vehicle or cancel the registration of the subject vehicle, you are not entitled to motor vehicle excise abatement, until such time as the registration is either cancelled or transferred to another vehicle. Cancelling a registration is now a very easy process, and in most instances can be accomplished online. The days of having to physically return plates to the Registry are over. Visit [myRMV Online Service](#) to learn more.

Please know it is not the responsibility of the dealership to cancel a registration of a traded vehicle, even if they are assisting you with registering a new vehicle. It is your responsibility to ensure the registration cancellation occurs.

If you have leased or are considering leasing a vehicle, you should know that as leased vehicles are owned by the leasing company, requests for excise abatements are made by the leasing company(lessor), and any refunds issued due to a lease ending or being bought out will be payable to the leasing company, (not the lessee). Leasing companies typically pay the annual tax bill to the city or town, then according to the contract, bill the lessee.

## Moving within Massachusetts

If you move after January 1st of the calendar year, you will only pay excise to the community where the vehicle was garaged on January 1st or the date of registration. There is no provision to abate or pro-rate excise tax due to an in-state move.

Be sure to make your change of address online at [myRMV Online Service](#).

## Moving Out of Massachusetts

If you move out of state and re-register your vehicle(s) in the new state and cancel your Massachusetts registration, you may be eligible excise tax abatement.

## How Excise Tax is Calculated

Excise rates do not vary from community to community. Annual excise bills are calculated according to a fixed percentage of a vehicle's Original Manufacturer's Suggested Retail Price (M.S.R.P.), at a \$25.00 per thousand tax rate. For the first five years of a vehicle's life, there is a valuation depreciation applied to the vehicle's M.S.R.P. The fixed percentages for MVE valuation are as follows:

- New Car released in the year prior to manufacture: 50% of M.S.R.P.
- In the year of manufacture: 90% of MSRP
- In the second year: 60% of MSRP
- In the third year: 40% of MSRP
- In the fourth year: 25% of MSRP
- In the fifth and all succeeding years (regardless of age, condition, mileage): 10% of MSRP

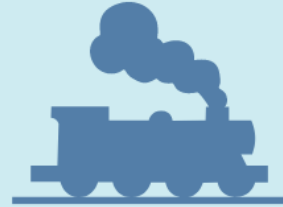
Excise bills are calculated on a per month basis. If a vehicle is registered for even one day in a month, the excise will be calculated for that entire month. The minimum excise tax bill is \$5.

To apply for a tax abatement for your car, please use the [Motor Vehicle Tax Abatement Form](#).

## TOWN OF SUDBURY

# Bruce Freeman Rail Trail

## Moving Forward



Sudbury's BFRT will be a paved path from just north of Route 20 to north of Route 117 (near the Concord town line) for bicyclists, joggers and other pedestrians to enjoy. Offering a new, car-free way to get around town and connect to neighboring communities, the finished path will invite people of all ages and abilities to enjoy a stroll, run or bike ride along a safe and scenic route. The design work is nearly complete and construction is expected to start in Fall 2022.

### WHAT IS A RAIL TRAIL?

Rail Trails offer a number of benefits to their community:

**Path for runners, bicycles, scooters, skiers and more**

**Safe for children and pet-friendly (no cars!)**

**Connection to points of interest & neighboring towns**



### COMPLETED

It's been a long journey getting to this point in the process.

**\$12+ million**

**in state and federal funds** are

committed to the Sudbury BFRT thanks to the work completed to date, including:

- Preliminary Design
- Land Survey & Data Collection
- Project Approved by MassDOT
- Project Construction Funds Committed by Boston MPO
- Wetlands ID & Approval
- Bridge Redesign (Pantry Brook & Hop Brook)
- 25% Design
- MassDOT Public Hearing
- 75% Design
- Environmental Permit Prep
- Construction Cost Estimates

### NEXT STEPS

The MassDOT design process has many steps, and Sudbury is approaching the finish line. By

June 2022, we will be completing:

- 100% Design
- Finalizing ROW Process
- Lease Agreement (*Town Meeting Approval Needed*)
- Environmental Permitting
- Construction Contractor Bids

### June 2022

is the **next major milestone**. This is when contractors will be invited to submit proposals for building Sudbury's BFRT and MassDOT will hire a team to complete the project. The BFRT will be shovel-ready in fall 2022 and user-ready after construction.



## GET INVOLVED

Spread the word to friends and neighbors, attend related Town Meeting(s) and stay up to date with the latest developments on this project. Sign up for updates at <https://sudbury.ma.us/email-lists/bfirt/>



More info on Sudbury's BFRT:  
[sudbury.ma.us/bfirt](https://sudbury.ma.us/bfirt)

TOWN OF  
SUDBURY



Updated 10/20/21

## Building Department News

**BY ANDREW LEWIS,  
BUILDING INSPECTOR**

The Building Department has had an extremely busy year with permits issued so far surpassing the last few years' totals with 2 months still to go. There are currently 8 new houses under construction with 3 more to start soon.

### Coming Soon

Cold Brook Crossing on North Road is well under way with one of the large apartment buildings almost completely framed. Two other large building foundations are in and will be starting the framing soon. Some of the Townhouses are also under construction.

The entire project consists of 101 apartments, 50 Condos in a large building and 123 Townhomes which should keep us busy for the next 24-36 months.

The storage facility at 560 Boston Post Road is now open along with the office building that supports it. Some other new businesses in town include Lexington Eye Associates, The Farmer's Daughter and expected to be coming soon will be a New City Microcreamery, all located at 534 Boston Post Road.

### Home Maintenance Tips

- Make sure to clean your gutters and downspouts of leaves and pine needles before winter.
- Remember to change the batteries in your smoke detectors when you change the clocks.
- Have your heating systems checked and serviced.



Cold Brook Crossing units under construction.

# Sudbury Bow Hunting Program

BY LORI CAPONE,  
CONSERVATION COORDINATOR

Since 1999, the Sudbury Conservation Commission has been administering a program to help manage the deer population in Sudbury, which continues today. This was implemented due to the negative impacts that were occurring due to the perceived overpopulation of deer. These include over-browsing of our native flora, malnourishment of the deer population, increase in ticks and tick-borne diseases, and increased car/deer interactions. To help manage the deer population, the Commission permits a small number of archers to hunt deer, with bow and arrow, from October through the end of the December on a number of conservation properties.

Sudbury has been lucky to have a dedicated group of archers, some that have been with us since the program's inception, that have not only helped trim the deer population, but their presence has reduced the opportunity for illegal hunting from occurring. Archers in the program additionally benefit the Town by providing a minimum of two hours of service to manage Sudbury's conservation lands. On average, roughly a dozen deer are removed from Sudbury through this program. This year, the Commission expanded the program to allow Junior Archers into the program. Junior archers are age 17 and under and are under the direct supervision of an archer licensed in the program.

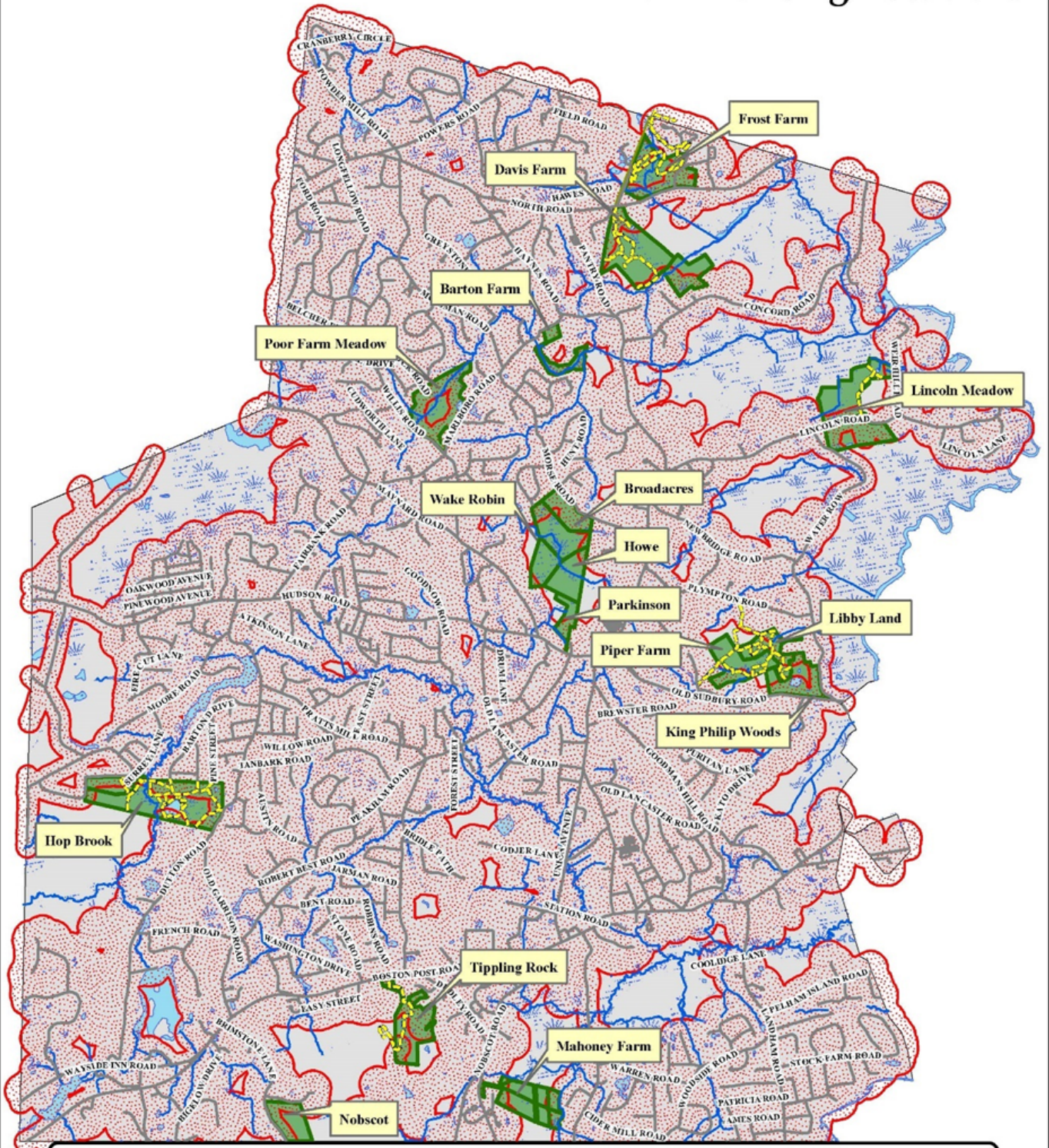
**Locations** where the Commission allows bow hunting include Nobscot, Piper Farm, Libby Conservation Land, Poor Farm Meadow, Frost Farm, Davis Farm, Wake Robin Woods (inclusive of Parkinson Land, Howe Land and Broadacres), Lincoln Meadows, Hop Brook, Mahoney Farm, and Tippling Rock.

Reducing the deer population is not the only thing that we as humans can do to improve the health of the deer population. Increases in the human population lead to increased development pressures on our natural spaces, creation of artificial landscapes with non-native species, loss of habitat, degradation of natural flora with the introduction of invasive species that reduce that amount of food available to deer, and increases the number of cars on the road that can interact with deer. The deer population used to be kept in check by predators, but humans have removed these predators from the area. Every new house that is built, results in a reduction in deer habitat. The reduction in native vegetation results in the deer over eating the native species that are left, leading to loss of our ephemeral flowers and understory vegetation.

The Conservation Commission works hard to balance protecting our natural spaces with development. We are greatly appreciative of the extensive number of residents that have chosen to leave the areas surrounding their houses natural and/or have taken on the challenge of remove invasive species. We all must do our part to minimize our impact on the natural world, if not for our native deer, then for the comfort and relief that walking through these spaces provide us in this stressful world.



# Bow Hunting Locations



**Legend**

Conservation Parcels	Trails	Ponds	Streets
Hunting Prohibited	Streams	Wetlands	Sudbury
0    0.375    0.75	1.5	2.25	3
Miles			





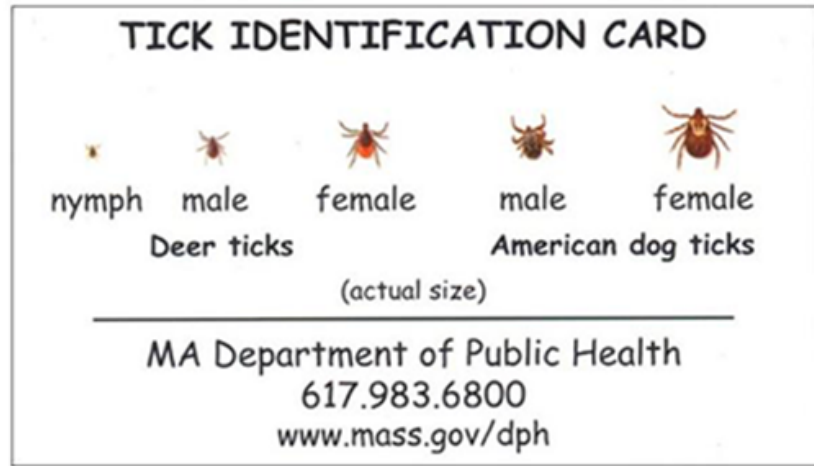
# Lesser Known Tick-Borne Diseases

As the summer winds down, we think less about protecting ourselves from mosquitos and tick. Please keep in mind that ticks are active whenever the temperatures are above 40 degrees.

We have heard a lot about Lyme Disease, but we also have two other tick-borne diseases in Sudbury that people need to be aware of, especially since symptoms associated with these diseases are similar to the flu and COVID-19. Serious complications, and even death, can result if not identified and treated expeditiously.

**Anaplasmosis** is a bacteria carried by the blacklegged tick or deer tick, which are found along the entire eastern seaboard, and as far west as Texas, as well as along the entire western seaboard. Anaplasmosis affects white blood cells and can cause fever, headache, chills and muscle aches, vomiting, and diarrhea. These signs typically begin within 1-2 weeks after being bitten. There is no rash or other indicator that you have been infected, unlike Lyme Disease. Anaplasmosis is most common in the Northeast and in the upper midwestern states. The risk for contracting anaplasmosis is highest during summer months, however, the risk for anaplasmosis increases again in the autumn.

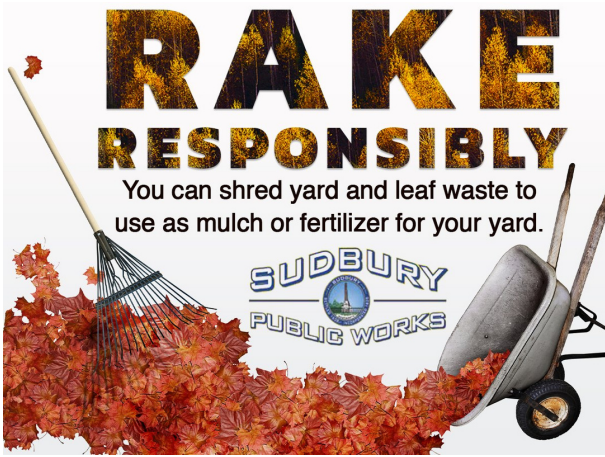
*Anaplasmosis cases result in **25 percent of hospitalizations**, compared with **5 percent of Lyme cases**.*



**Babesiosis** is transmitted typically by the nymph stage of deer ticks, which must stay attached 36-48 hours to be transmit the disease. Babesiosis affects red blood cells and is also most common in the Northeast and upper Midwest states. Transmission is highest during the warm months. Symptoms range from asymptomatic to flu-like and can be life threatening.

### What can you do to protect yourself?

Whenever walking in woods and grassy areas, including your own backyards, try not to brush up against vegetation and be vigilant to always check yourself and pets for ticks. Wear light colored clothing so ticks are easier to spot. Treat yourselves with repellents or pre-treat your clothing with permethrin. You can purchase permethrin impregnated clothing, or you can also buy the spray and treat your own clothing, shoes, camping gear, etc. Professionally impregnated clothing remains effective for 70-80 washes. Self-treated clothing last about 6 washes. When you return home, placing your clothing in the drier will kill any ticks that may have hitched a ride with you. Taking a shower will help remove ticks that may have gotten in your hair, and is an easy way to do a thorough tick check. Hike safely!



## Wastewater Management

Sudbury residents and business owners - especially, those residing near the Route 20 Business District - are encouraged to visit the Comprehensive Wastewater Management Plan (CWMP) webpage to learn more!

SUDBURY PUBLIC WORKS

# After it rains, please clear your drains!

Yard debris, including leaves and other organic plant material like shrubbery trimmings and grass clippings, are a significant source of stormwater pollution. This debris can clog culverts, storm drains, and pipes, causing flooding.





## Ambulance 2

We received and placed our new ambulance into service, Ambulance 2 is a 2021 Ford/Horton. This vehicle is designed as an Advanced Life Support ambulance and has many special features. One of these features is the lighting system in the transport compartment that can drastically reduce bacteria on high-touch surfaces. These antimicrobial lights assist in keeping the transport area clean during transport.

Sudbury Fire Headquarters is once again a collection site for Toys for Tots.



New, unwrapped gifts may be dropped off at Fire Department HQ: 77 Hudson Road

## New Recruits

The Fire Department is excited to have many new faces join us over the summer months, these new employees are to fill open vacancies and retirements that occurred in the spring.

Firefighter/Paramedics Asiiimwe and Neel being sworn in by Asst. Town Clerk Miranda.



# Goodnow Library News

BY ESMÉ GREEN,  
GOODNOW LIBRARY DIRECTOR

## Passport Services

You asked and we answered: passport services are back! Appointments are strongly encouraged to ensure that a certified passport acceptance agent is available when you arrive. The library has application forms available for both adult and youth passport applications, as well as renewal applications. On behalf of the U.S. Department of State, we will assist in accepting applications, collecting fees and mailing forms to the appropriate agency. The Library does *not* offer passport photos at this time, so applicants should come with photos that meet passport photo requirements. Be sure to review all the [Passport Appointment Details](#) on our webpage prior to your visit.



Call us at 978-440-5520  
or visit us at [goodnowlibrary.org](http://goodnowlibrary.org)  
to make an appointment



NEW TWEEN COLLECTION

IN THE CHILDREN'S ROOM OCTAGON

## NEW Tween Collection

The Goodnow staff have been hard at work developing our new Tween collection! We've curated a special fiction collection designed for kids 10-12 years old (grades 5-7). Stop by the Children's Octagon to check out all of these wonderful favorites and new titles!

# Introducing... the Library of Things



## *Library of Things*

Goodnow patrons will be able to borrow fun and non-traditional items, much like books or videos. Items include a metal detector, a pressure washer, a ghost meter, bocce balls, a Nintendo Switch, and more. “We hope to provide access to items beyond just books. Patrons can try new things, have fun adventures, and gain new experiences,” said Head of Reference Services Joanne Lee, who developed the Things collection. “By borrowing and reusing, it also helps to reduce consumption and waste, and creates a more sustainable environment.”



**METAL DETECTOR AND BOCCE?  
OH MY! CHECK OUT THE NEWEST  
COLLECTION OF FUN AND  
NONTRADITIONAL ITEMS!**

## Meeting Rooms & Study Rooms

The Goodnow Library is pleased to announce that meeting rooms are now available to local groups and organizations. Please note that capacity for the rooms is limited to 50%.

Request a Meeting Room online, in-person or by phone: visit our [Meeting Rooms Page](#) to get started. If you have any questions, please call the Circulation Department at 978-440-5530.

In addition, the Library has two free, quiet study rooms that accommodate 1-4 people, and may be booked by calling the Reference Desk at 978-440-5520.



## Vaccinations

**BY BILL MURPHY,  
HEALTH DIRECTOR**

The Sudbury Health Department has been busy administering flu vaccinations. As of 10/23/2021, 549 doses have been provided at senior, first responder, and public clinics. If you are interested in a shot, please contact the Health Department at [health@sudbury.ma.us](mailto:health@sudbury.ma.us) or call 978440-5479.

Iffy Akanegbu, RN, a Master's level intern from Worcester State administers a flu shot to Finn Doyle of Sudbury at the Sudbury Board of Health flu clinic on Saturday 10/23/2021. Cynthia Duggan, Sudbury nurse supervises.

## Locate COVID-19 Vaccines with Vax Finder

There are multiple locations across the Commonwealth offering COVID vaccine to residents. To find a convenient location and the type of vaccines offered, please visit Vax Finder at <https://vaxfinder.mass.gov/>.

**COVID-19  
VACCINES**



# Help with Food Insecurity

In September, the Social Work Office welcomed five new interns. One is pursuing a Bachelors in Health and Society and the other four are pursuing Masters in Social Work. Prior to the pandemic, the office accepted two interns each academic year. The additional interns on the team are helping to meet the increased demand for services caused by the pandemic. The requests for services related to food insecurity, housing insecurity, and mental health have increased significantly. Additionally, resources and eligibility have frequently changed during the pandemic, and the team of interns, along with a small group of volunteers, are working on updating all of the office's resource pages and maintaining the integrity of the website ([sudbury.ma.us/socialworker/](http://sudbury.ma.us/socialworker/)).



## Donate Gift Cards - Support Your Neighbors

As the pandemic continues to impact residents, the need for gift cards to meet basic needs with dignity and choice is greater than ever. If you would like to donate gift cards, you can do so by:

### 1. Electronic Gift Cards

Email: [hadvabb@sudbury.ma.us](mailto:hadvabb@sudbury.ma.us)

After emailing the cards, please email me to confirm that they were received.

### 2. Gift Cards

Mail to: Board of Health Gift Card Program  
275 Old Lancaster Road  
Sudbury, MA 01776

Most requested cards:

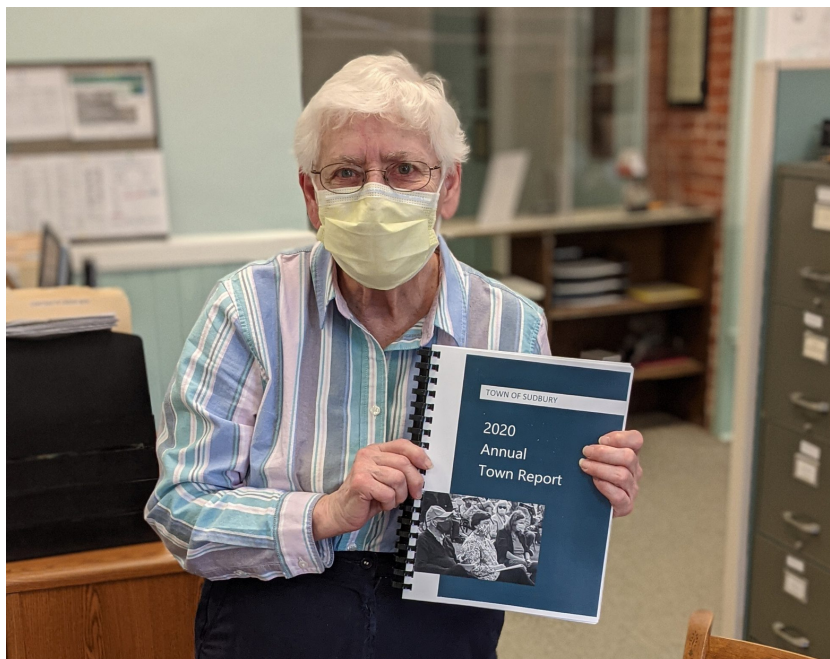
- Grocery stores (Market Basket, Whole Foods, Shaws, Sudbury Farms)
- Target/Walmart
- Visa/Debit cards (helpful for paying bills)
- Gas
- CVS
- Uber

Email [socialworker@sudbury.ma.us](mailto:socialworker@sudbury.ma.us) to learn more.

# Town Report

The [2020 Annual Town Report](#) can be viewed on the Town website in .pdf and flip book versions. The Report includes Town Departments, Boards and Committees, Schools, Town Meeting and Election Results and more.

A big thank you to Senior Worker Mary (Pat) Scott (shown right), who helped assemble the hard copies which are available at Town offices.





S U D B U R Y P A R K & R E C R E A T I O N  
A T K I N S O N P O O L

# GROW A CANDY CANE KIT!

Registration will take place between

**MONDAY, NOVEMBER 29TH - FRIDAY, DECEMBER 17TH**

Kits are

**\$8**

and are a great idea to partner with your child's Elf on the Shelf  
or as an activity to get young children into the holiday spirit!

Kits will be available for pick-up starting

**MONDAY, DECEMBER 13TH - WEDNESDAY, DECEMBER 22ND**

Fairbank Community Center  
during regular business hours  
Monday thru Friday, 8:45am - 3:45pm

**LIMITED QUANTITIES AVAILABLE  
SO SIGN UP TODAY!**

[www.sudburyrec.com](http://www.sudburyrec.com)





**Virtual Gingerbread House Competition**

Registration Opens  
Friday, November 19th, 2021

Show off your gingerbread construction skills and artistry by participating in the Virtual Gingerbread House Competition!

GINGERBREAD HOUSE KITS ARE \$10 (QUANTITIES ARE LIMITED, SO REGISTER TODAY!)

[www.sudburyrec.com](http://www.sudburyrec.com)

## *Sudbury Survey of Unmet Transportation Needs*

**BY BADAM DUCHESNEAU,  
DIRECTOR OF PLANNING &  
COMMUNITY DEVELOPMENT**

The Town of Sudbury, through its Transportation Committee, is conducting a transportation needs survey of residents and employees who do not currently drive or have access to a car. Your input will help us understand your travel patterns, needs for transportation, and help us plan for better solutions.



Completing the survey should take approximately 5-10 minutes. Please share this survey widely with others who may be interested. Here is the link:

<https://www.surveymonkey.com/r/MVMF6KX>



# Senior Center News

BY DEBRA GALLOWAY,  
SENIOR CENTER DIRECTOR

## Gobble Wobble

In November, we are offering the opportunity to join us in a "Gobble Wobble!" What is a Gobble Wobble? A weekly "competition" to walk, dance, and move your body to get "steps" (or miles) and compare notes with others. The first 20 people to sign up will get a free pedometer and log notebook. Weekly check-ins will give participants an opportunity to share their experiences and give each other motivation! To sign up please contact Chery Finley, Administrative Coordinator, and Chief Wobbler, at 978-639-3269 or [finleyc@sudbury.ma.us](mailto:finleyc@sudbury.ma.us). Please see more information in our monthly newsletter at [www.sudburyseniorcenter.org](http://www.sudburyseniorcenter.org).

## Falls Prevention

Falls among older adults continue to be a serious concern and risk factor for fractures, surgery and other complications. One of the challenges is that even a small tumble can cause one to become fearful of moving around or walking. Less movement translates into increased weakness in the leg muscles and weakened balance, increasing the risk of a serious fall.

The Sudbury Senior Center hosted two Fall Prevention presentations in September. One of these was given by Aditi Chandra, Doctor of Physical Therapy, of Longfellow Holistic

Health Center, who presented information about Falls Prevention and Conserving your Energy, including ways to enhance safety on a day-to-day basis. The presentation was taped and is available at the SudburyTV website.

Click [here](#) to view "[Fall Prevention on How to Conserve Energy](#)", on SudburyTV. If you need help with this, please call the Senior Center at 978-443-3055.

## COVID-19 and Flu

Older adults continue to be at higher risk for complications from both COVID-19 and the influenza virus. The Sudbury Board of Health is recommending that older residents get a flu shot, and follow appropriate CDC guidelines for COVID vaccinations and vaccine boosters. The Board of Health held Senior and Community Flu Clinics in September and October. Those who missed the clinics who still need a flu shot can contact the Sudbury Board of Health to learn more at 978-440-5479 or [health@sudbury.ma.us](mailto:health@sudbury.ma.us).

At the printing of this newsletter, the Sudbury Board of Health awaits further information about COVID-19 Booster shots. Should they receive a supply, information will be shared via the Sudbury Board of Health and Town websites, the Town Facebook page, and the Sudbury Senior Center website and Email Updates.



## Emergency Preparation and Planning

Being prepared for emergency situations is important year-round, but certainly autumn is a great time to be ready for the typical issues that may arise during the winter. The Senior Center offers a few services that may assist you in being prepared.

### Severe Weather Preparation

Consider creating a "Go bag" with emergency provisions, extra medications, snacks and water, along with any pet provisions, so that if you need to leave your home due to a weather or other emergency, you will have the basics with you. In addition, having a flashlight, charged cell phone, some emergency non-perishable food and water, emergency phone numbers, and list of medications, as well as copy of your photo ID and other important documents available so that you are ready to shelter in place or move out of your house in

an emergency or power outage. As we get older we are more sensitive to both cold and heat, as well as dehydration. Being prepared can keep you safe.

### Sand Bucket Delivery

Our volunteer Sand Bucket Brigade is getting all geared up! This is a collaborative effort of the Wayside Inn (which donates the empty buckets), the Department of Public Works (which fills the empty buckets with sand), and our Senior Center volunteers who make the deliveries to seniors that request sand. The sand can then be applied by the homeowner to the walkways and driveways to help prevent slips and falls. A huge thank you to all for helping to keep seniors safe.

# Emergency Prep *continued*

## **Emergency Response – File of Life**

The Senior Center has “File of Life” forms and magnetic sleeves available for your use. These forms contain spaces for you to pencil in your current medications and allergies, which can be inserted into the sleeve and placed on the refrigerator for emergency personnel to find. Contact the Sudbury Senior Center at 978-443-3055 or [senior@sudbury.ma.us](mailto:senior@sudbury.ma.us) to request a File of Life.

## **Lockbox**

The Sudbury Firefighter’s Association Local #2023 sponsors and coordinates installment of “lockboxes” for older residents who need one. The Senior Center works with the Firefighter’s Association to coordinate the program. Lockboxes are small key safes that are affixed to the outside of the home and enable emergency responders to access the home

easily and safely in an emergency. Please contact Janet Lipkin, Senior Center Volunteer Program Coordinator, for information and to request a lockbox. There is an opportunity to donate toward the cost of the lockbox (Suggested donation is \$60).

## **Phone Buddies**

Our Phone Buddy Program was started in March, 2020, due to the isolation and loneliness so many older residents were, and continue to be, experiencing. In this program, a Phone Buddy Volunteer is matched with an older adult, and the two of them speak by phone once a week. The call lasts approximately 15-30 minutes, and supplies friendship and conversation, helps with loneliness, and also serves as a well-check. The Program has been embraced by the participants as well as the volunteers.

## **Senior Center Volunteers**

The Sudbury Senior Center Volunteers remain a busy group as the pandemic wears on, helping out in countless ways:

- Delivering mid-day meals.
- Doing weekly food shopping for seniors that do not have friends/family/neighbors that can help.
- Conducting interviews and doing write-ups of seniors for our newsletter.
- Running classes/making presentations via Zoom or in-person.
- Taking on special projects.
- Making outdoor repairs at seniors’ homes.
- Welcoming people as they come into the Senior Center.
- Delivering library materials to residents that cannot get to the Goodnow Library.

- Offering SHINE (Medicare/health insurance) and legal consultations.
- Making weekly phone calls to matched Phone Buddies to combat isolation.
- Making weekly outdoor visits to seniors.
- Offering technology assistance to seniors on how to use Zoom and the Go Sudbury! Uber app.
- Delivering sand buckets.

A huge thank you to our volunteers for their acts of kindness; they are truly making a difference in the lives of others!!

If you would like to join our valued team of volunteers, we can use your help! Please contact Janet Lipkin, Volunteer Program Coordinator, at 978-639-3223, [LipkinJ@sudbury.ma.us](mailto:LipkinJ@sudbury.ma.us) to apply and to learn more.

# Town Clerk's Office Updates

BY ROSE MIRANDA,  
ASSISTANT TOWN CLERK

## Town Census & Dog Licensing

As we approach the Holiday Season, the Town Clerk's Office is busy preparing once again for the New Year! We are getting ready for the 2022 Annual Census mailing and dog licensing.

Dog registration for 2022 starts January 3, 2022. Renewal forms are available on the Town Clerk webpage or you can also register online at Online Dog Registration. If you have a new dog, register by mail or in person.

## Annual Town Election

The Annual Town Election is scheduled for Monday, March 28, 2022. If you are interested in running for office, nomination papers will be available January 6, 2022. More information will be available on the Town website.

The last day to register to vote for Annual Town Election is March 8, 2022.

## Are you registered to vote in Sudbury?

The deadlines to register or to make changes to an existing voter registration are twenty days before any election or annual town meeting and ten days before a special town meeting.

First Step: [Check your voter registration status](#)

If you find that you are not registered to vote, and you have a MA driver's license, you may register to vote [online](#).



You also have the option of downloading a printable mail-in voter registration form from our [website](#). As always, you are very welcome to stop in the Town Clerk's Office in Town Hall during our business hours and complete the form with us.

For further voter information, please visit our [website](#).



## **SUDBURY SWEATER THROWDOWN**

**Municipal Minute  
Episode 25**

**Watch now on [SudburyTV!](#)**

# FROM THE SELECT BOARD

Fall 2021

Town of Sudbury

## *American Rescue Plan Act of 2021 (ARPA)*

BY JANIE DRETLE AND CHARLIE RUSSO, SELECT BOARD

### What Is It ARPA?

The American Rescue Plan Act of 2021 (ARPA) is a \$1.9 trillion economic stimulus bill that was enacted on March 11, 2021 by the Federal government. Within ARPA, there is \$350 billion in Coronavirus State and Local Fiscal Recovery Funds provided for states, local municipalities, counties, tribes, and territories for public health, assistance for vulnerable populations, education and housing stabilization, economic recovery assistance and direct assistance for families and individuals.

Sudbury will receive \$5,875,013.78 in Coronavirus State and Local Fiscal Recovery Funds: municipal allocation of \$2,057,260.44 and county allocation of \$3,817,753.34. The Town of Sudbury has already received 50% of the grant funds which are currently being held in a Special Revenue Fund.

These funds provide significant flexibility to meet local needs, but some residents may ask how do we avoid using it for the “shiny new objects”? The Town of Sudbury is in the excellent position of having recently updated the Master Plan which lays out a roadmap for the future of the town. The Master Plan was shaped by the community and will help the Town staff to prioritize decisions and important projects for the next 20 years. In addition to the Master Plan, The Town will be looking to other key stakeholders such as the Select Board, Town staff, Town boards, committees, and



commissions as well as Sudbury residents and business owners. Ultimately, the Select Board has the authority to approve how the funds will be allocated and spent.

### Qualified Project Criteria

Eligible uses of the funds include:

- Support public health expenditures, i.e., COVID-19 mitigation efforts, behavioral healthcare
- Address negative economic impacts, i.e., economic harms to workers, households, small businesses
- Replace lost public sector revenue
- Provide premium pay for essential workers
- Invest in water, sewer, and broadband infrastructure, i.e., improve access to clean drinking water, support wastewater and stormwater infrastructure and to expand access to broadband internet

Ineligible uses of the funds include offsetting tax reduction, investing in a pension fund, debt service, and stabilization fund deposits.

### What Other Towns Are Doing

The US Department of the Treasury has released interim – though not final – guidance on the eligible use categories for ARPA funds. This uncertainty has led to a number of different approaches to spending from different communities. Regardless of the approach taken, local governments remain responsible for compliance with all the relevant federal rules and regulations governing how the ARPA funds can be spent and must be reported on.

In Acton, for example, its Select Board voted on Oct. 18 to approve a plan for its \$7 million share of ARPA funds. Funded projects include rehabilitation of a historic building, HVAC improvements at various town facilities, investments in several sustainability initiatives and infrastructure projects, PFAS mitigation measures for its water treatment plant, a sewer main extension, stormwater management projects, school district requests, and even funding for a dog park as a recreation amenity.

Arlington expects its Select Board to approve a final plan for its \$35 million in federal funding by the end of October. The board already accepted and received a portion of the funds, and voted to spend \$1.6M for current water/sewer needs and \$50,000 for a homeless prevention program. Other large planned expenditures include investments in parks and open space, water/sewer spending, and affordable housing.

Numerous other communities, such as Worcester, Newton, Ashland, and many others, have developed and published interim or final spending plans.

### What Sudbury Is Doing

The Sudbury Select Board voted 5-0 on Sept. 28 to accept the nearly \$5.9 million in ARPA funds and has already received a portion of that amount. Today, the Town is planning how it will spend ARPA funds. This effort includes gathering a list of potential projects from various stakeholders, considering the decision-making process, and developing a public input process.

A preliminary list of potential projects has already been identified by Town departments, with ongoing input from relevant stakeholder groups being solicited and received. As potential projects are identified, a decision process is also being developed, which includes an emphasis on avoiding duplicative spending – using ARPA funds for projects that might be eligible for reimbursements or grants from other programs – and avoiding spending one-time ARPA funds on recurring expenses, among other factors. In Sudbury, the results of a community survey, along with other means of gathering public opinion, will be used to improve the decision-making process and will help align the spending with public priorities.

Town officials and staff look forward to resident feedback as the ARPA funding plan is considered.

Visit <https://sudbury.ma.us/ARPA> to learn more and submit your ideas.

*Do you have one minute a month to help make Sudbury better?*



**SIGN UP TODAY MAKE YOUR VOICE HEARD**

[SUDBURY.MA.US/FLASHVOTE](https://sudbury.ma.us/FLASHVOTE)

# About the Community Preservation Act

BY JENNIFER ROBERTS,  
SELECT BOARD CHAIR

As Sudbury starts its next budget season, decisions will be made about how many funds to allocate for operating costs, capital projects, and other services. Sometimes in municipal budgeting the “must haves” can leave little room for projects that protect and enhance the character and quality of life of our community. Fortunately, the Community Preservation Act (CPA) has made it easier for municipalities to invest in such initiatives. Specifically, it is a tool that helps communities preserve open space and historic sites, develop outdoor recreational facilities, and create affordable housing.

CPA allows communities to create a local Community Preservation Fund with money raised through a surcharge of no more than 3% of the tax levy against real property. Through a State Community Preservation Trust Fund administered by the Department of Revenue, the State then provides a matching amount which varies by year. A total of 87 municipalities in Massachusetts have voted through referendum to become CPA communities; Sudbury became a CPA Community in 2002.

Through adopting CPA, Sudbury also created a local Community Preservation Committee (CPC) which is group chosen to make recommendations to a community’s legislative body. Sudbury’s legislative body is Town Meeting. This Community Preservation Committee consists of nine members, including a member designated from each of the following commissions, committees, and boards: Select Board, Conservation Commission, Historical Commission, Planning Board, Park and Recreation Commission, Finance Committee, and Housing Authority; and two members at large appointed by the Select Board.

Each Fall the Committee Preservation Committee receives requests for various projects to be considered in the upcoming budget cycle. This process has recently started for the FY’23 budget and public meetings to analyze the projects will occur in upcoming months. Last year, for the FY’22 budget, a variety of key projects were approved at Town Meeting including Feeley Field improvements, Dr. Bill Adelson Playground renovation, a Town-wide Historic Preservation Plan, and a Housing Production Plan.

Because of the Community Preservation Act, Sudbury can invest in important areas that contribute to the enrichment of our community overall. Please considering taking time this upcoming year to engage as new and exciting projects are presented to the Community Preservation Committee and ultimately to Town Meeting. The Community Preservation Committee website can be found [here](#) with more information.

## VIRTUAL SELECT BOARD’S OFFICE HOURS



Charlie Russo



Dan Carty

WEDNESDAY, DECEMBER 15, 2021  
12 PM – 1 PM  
ZOOM MEETING

[SUDBURY.MA.US/  
SELECTBOARD](https://www.sudbury.ma.us/selectboard)



# *Call to Action - Implementing the Master Plan*

**BY BILL SCHINELLER,  
SELECT BOARD**

Great News! On April 28, 2021 the Planning Board adopted the Sudbury Master Plan with the community's priorities for our town over the next 10-15 years. But how will we go about achieving them by 2035, and ensure that the Plan doesn't "gather dust on a shelf"? To address that question, on October 21, 2021, the Select Board and Planning Board jointly hosted a virtual Town Forum to roll out a process for implementation of the Plan. The answer could involve you.

The 90-minute forum started with introductory remarks from organizer Charlie Russo (Select Board Vice-Chair), Adam Duchesneau (Director, Planning & Community Development), and John Sugrue (Planning Board member and former Master Plan Steering Committee Chair). Consultant Krista Moravec of Horsely-Witten then gave a 10 minute overview of the product of a two year process of community engagement: the Master Plan, ready for implementation. Its Baseline Report is a snapshot of Sudbury today, while the primary Master Plan document identifies the formative issues, goals and policies, and an Action Plan Matrix for how the Town will reach its vision.

The Plan includes nine chapters applicable to most communities: Economy, Transportation, Historic, Environment, Conservation & Recreation, Town Facilities/Services/Infrastructure, Housing, Resiliency, and Public Health. Sudbury's plan dedicates an additional chapter to our Route 20 Corridor, underscoring its important role in what will become of our town.

The plan for implementation consists of clear prioritization, actions, and accountability. Priorities feature two "Big Idea Projects": the Route 20 Corridor, and a Coordinated Town-Wide Historic Preservation Program. Three featured "High Impact Projects" are the Bruce Freeman Rail Trail, the Mass Central Rail Trail (noting the Town's resistance to using this corridor for buried high voltage transmission lines), and the Comprehensive Wastewater Master Plan. Five "Critical Path Projects" include studies and plans enabling the Big Idea and High Impact projects, plus a Town Facilities Assessment & Maintenance Plan, and a Housing Strategy.

Over 150 specific actions to realize the Master Plan are laid out in the Action Plan Matrix. These support goals spanning all the chapters of the plan, not just the featured projects. Roughly 80 of these actions need to be taken in the Short-Term (within 5 years), 20 in the Mid-Term (5-10 years), and 50 are Ongoing. Each action has a single Advocate (appropriate department or committee) to drive it. The Planning & Community Development department will lead nearly 70 actions, while about twenty other departments, committees, councils, commissions, and boards take the remaining 80 actions.

Planning Board Chair Steve Garvin then led off the focus of the evening's discussion, rolling out the implementation process. The Planning Board (PB) will serve as the implementation committee, per mutual decision with the Select Board. The PB will have a standing Master Plan Implementation agenda item at all of their meetings, with occasional dedicated meetings to keep things moving, and occasionally meet with the Select Board to sync up on progress. The PB will kick off actions in parallel to other groups of 2-5 people,

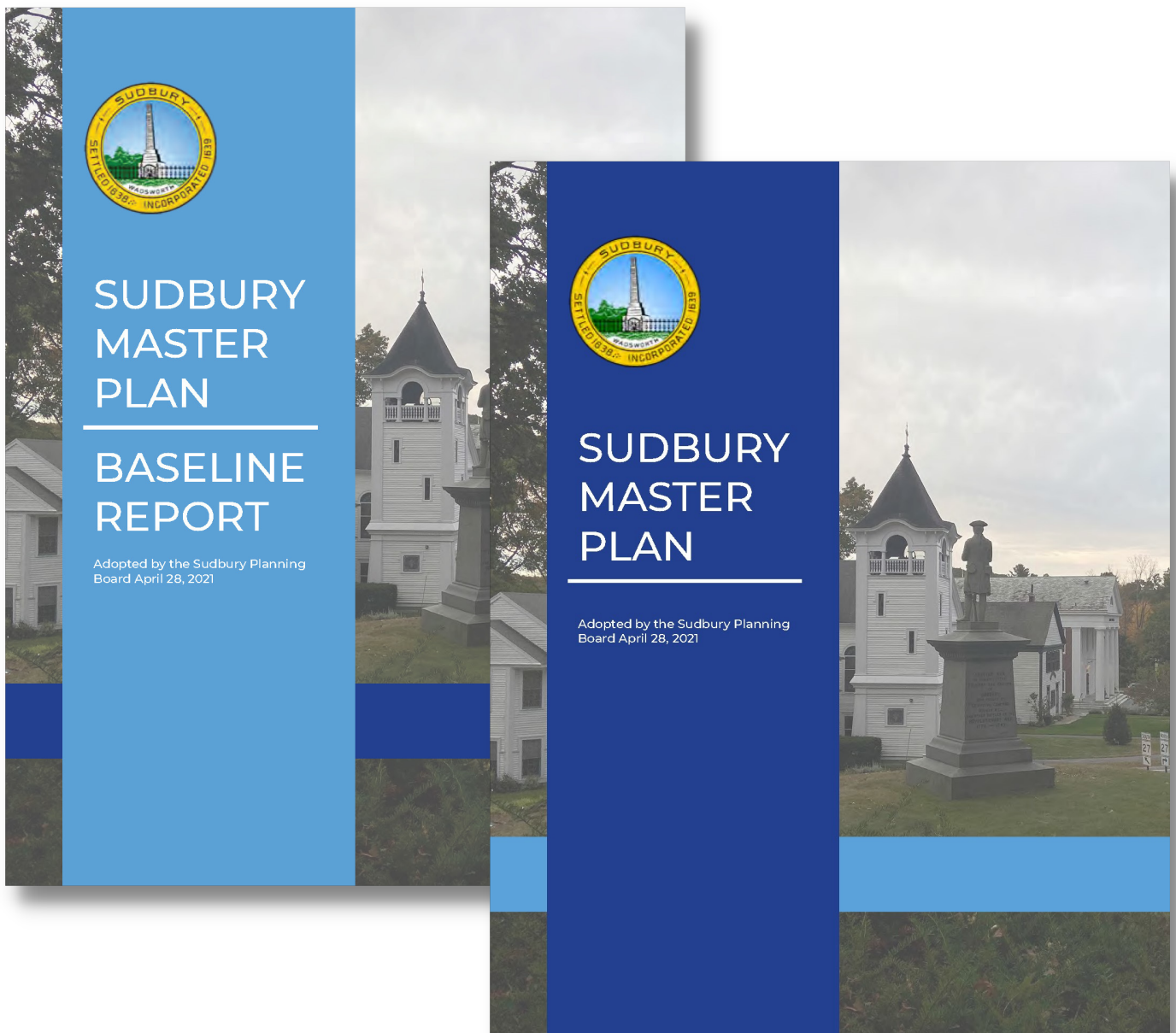
with perhaps 1-3 actions being worked at a time, perhaps 1-3 or 3-6 months in duration depending on the task. As current activities ramp down and staff frees up, additional actions will get started.

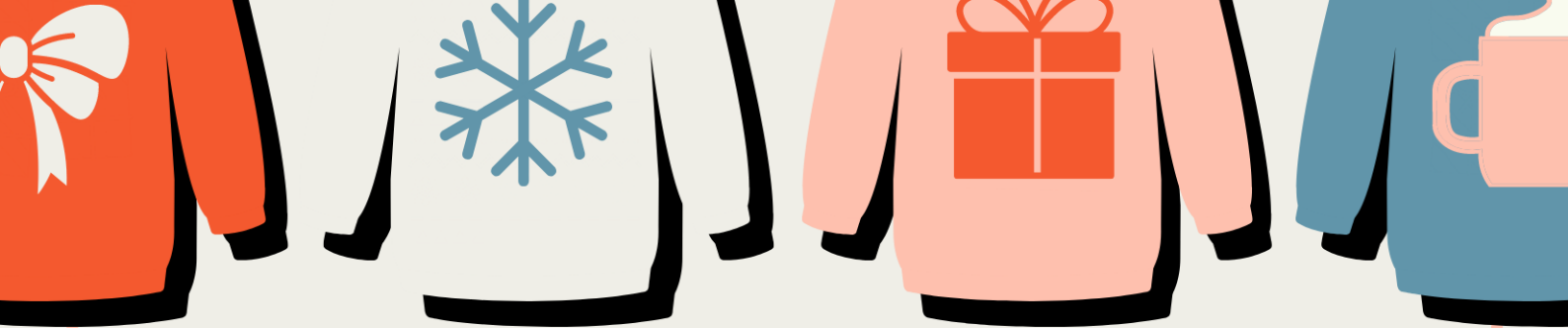
The PB will determine the composition of each group, generally a member of a department or board, and experienced people from the community. The intention is that smaller time commitments on concentrated subjects will encourage amazing people from the community to contribute their expertise. Implementation starts now, as the Planning Board begins to partner with advocates, invites experts from the community, and forms groups to work on Near-Term actions.

A one hour Q&A session rounded out the forum moderated by PB Chair Garvin and Select Board Chair Roberts, with panelists from both boards and town departments. A great question: "Where is the greatest need for participation?" The answer was a call to all citizens to look at the Master Plan, think about where your talents and expertise can contribute, and express interest.

The Planning Board will make it easy to connect at the Implementation item at each of their meetings, connecting talented community members with appropriate action leads.

The Select Board thanks the Planning Board, Town staff, and participants from our community for making the Forum successful. We look forward to the implementation of our Master Plan!





'TIS THE SEASON FOR A

# SUDBURY SWEATER THROWDOWN



DECORATE A SWEATER  
WIN AWESOME PRIZES!



THE WAYSIDE INN  
FOUNDATION



WHO  
WILL  
BE...

MOST EDIBLE

MOST FESTIVE

MOST SUDBURY

MOST INNOVATIVE

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