

Join us as we launch Public Health Week with an exciting Health Fair!

## Tuesday, April 8, 2025

Fairbanks Community Center 10:00am to 2:00pm

Don't miss this opportunity to connect with local resources and take proactive steps toward a healthier lifestyle.

## Sign up for:

<u>Yoga & Meditation Session</u> 10:30AM-11:00AM <u>Chair Massage Session</u> 10 min sessions <u>Vision Appointment</u> 8:00AM-3:00PM

## Enjoy a day of wellness with

- Free health screenings
- Vision appointments
- Chair massages
- Expert advice from dietician
- Yoga sessions
- Local resource tables
- Fitbit Raffle prizes!