



Town of Sudbury

Board of Health Social Work Department

DPW Building
275 Old Lancaster Road
Sudbury, MA 01776
978 440-5476

Free GED, ESL, Continuing Education, and Employment Resources

Key components of long-term financial stability are education and successful employment. Here are some resources to help meet those goals.

Free GED and ESL Classes and Tutoring:

- **Literacy Unlimited at Framingham Public Library**
 - 49 Lexington Street, Framingham; 508-532-5570, Option 6
 - <http://framinghamlibrary.org/literacy/our-program/>
 - Offers 1:1 GED tutoring. Please call for additional information, including waitlist information. Resident will need to go to the library for the program to assess learning needs in order to best match him/her with an appropriate tutor.
 - Also offer individualized tutoring to help residents meeting personal goals such as: becoming employed or become better employed, learning English, getting citizenship, finishing a GED, getting a driver's license, and learning to read

- **Framingham Adult ESL Plus**
 - 31 Flagg Drive, Framingham; 508-626-4282
 - <http://www.faesl.org/>
 - Classes are 3 nights a week for 17 week. As of January 2017, classes are full for this semester, but interested residents should reach out to the program in August 2017 if they are interested in fall classes.
 - Also provides ESL and citizenship classes

- **Hudson Maynard Adult Learning Center**
 - Hudson High School : 69 Brigham Street, Hudson; 978-567-6250 x 15102
 - <http://www.hmalc-learn.org/high-school-equivalency-diploma.html>
 - Offers free GED and High School Equivalency (HiSET) classes to those over age 16. Classes meet on Tuesdays and Thursdays from 6-9pm. Requires a placement test to determine educational level.
 - Also provides ESL classes. Classes meet from September-May on either Tuesday and Thursday or Monday and Wednesday from 6-9pm. Can call to be put on a waitlist, but must be present for registration and placement test in August.

- Here's an additional list of resources available by town: <http://ged101.com/ged-classes-in-massachusetts.html>

Other Continuing Education and Job Training Resources:

- **Employment and Training Resources**
 - 1671 Worcester Road, Framingham; 508-766-5700
 - <http://etrcc.com/>
 - Provides a variety of resources including:
 - Assisting with job search and applications

- Workshops on a variety of topics such as: resume writing, job search, interviewing, etc.)
 - Access to computers and office supplies needed to apply for jobs
 - Staff available to assist, including case advisors for those with intensive needs that meet eligibility
 - Funding for continuing education for those who are unemployed and seeking additional training to re-enter the work force
- **Credential to Career**
 - A free program in the Metrowest Area that helps parents identify a career that matches their skills and interests, with ongoing success in increasing participant incomes significantly
 - i. Make an education plan that will lead them to their chosen career
 - ii. Create budget and financial plan to help them support themselves through schooling.
 - iii. Individual academic and career coaching
 - Receive a \$20 stipend per class you attend
 - Call 617-752-2380 or email C2C@onefamilyinc.org for more information
- **Career Connections**
 - Provides career preparation services to youth ages 17-24, including career exploration, training and employment , internships, HiSET (formerly GED) prep, skill-building and case management. This is a great option for youth who are still exploring their options for next career/educational steps.
 - 1671 Worcester Road, LL-1, Framingham, MA 01701
 - 508-861-7667; info@masshire-msw-youth.org
- **Center for Women in Enterprise**
 - Helps women and men increase professional success, personal growth, and financial independence.
 - Offers affordable, comprehensive courses on starting and growing your business while encouraging collaboration with other entrepreneurs
 - Use the Assessment Tool to see which resources are right for you
 - i. <https://cweonline.org/Getting-Started/Assessment-Tool>
 - Eastern Massachusetts 124 School St., 7th Fl., Boston, MA
 - i. 617-536-0700
- **Employment Options**
 - 82 Brigham Street, Marlborough; 508-485-5051
 - Employmentoptions.org
 - Provides job training and support obtaining employment to adults with all disabilities.
 - Provides additional psychosocial and emotional supports: “By working as a team, the members of the Clubhouse gain meaningful employment and the skills to get that next job, build integral life skills, interact more socially with their peers and the community and in turn, achieve personal growth. With each other’s support, members work to transform their lives and empower one another to achieve their full potential, be a better parent and family member and get back into the workplace with meaningful employment.”

For additional questions, or suggested additions to this list, please call Bethany Hadvab, Sudbury town social worker, at 978-440-5476

Please visit <https://sudbury.ma.us/socialworker/> for up to date information and resources.