

Kids these days can seem like a mystery - plus they're always on their phones. Dr. Twenge, preeminent researcher whose work is featured in *The Anxious Generation*, offers ideas for how to help your family find a better balance with technology and be healthier and happier. Register at: https://bit.ly/TwengeTalk

Tuesday, November 12 | 7:30 PM

Lincoln Sudbury Regional High School 390 Lincoln Road

















