

# TOWN OF SUDBURY

## Town Manager Newsletter

### September 2016

#### Message from the Town Manager

Dear Resident,

Fall is here and with that we are full into the swing of capital and budget preparation in Town Offices.

This month we are getting ready for our first October Town Meeting. The Meeting is on Monday, October 17 at 7:30 PM at Lincoln Sudbury High School. The agenda includes critical capital items that the Town is proposing to be funded by Free Cash. Free Cash or the budgetary fund balance was just certified and is available for capital expenditures. We are asking the Town to consider expending these funds for a front loader to help us with snow removal and for security systems for school and town buildings. There are also capital items for Lincoln Sudbury High School, including replacement of turf and school security, as well as two citizen petitions.

We are also getting ready to welcome our new Director of Public Works, Dan Nason. Dan is joining us from the Town of Northborough, where he served as Public Works Director, and he has served Ayer in the same capacity. Dan has an excellent reputation and a unique skillset, which he will bring to Sudbury to help us continue to modernize our department and find ways to best serve residents. Chief Nix has been serving the community as the Interim DPW Director for months and I cannot begin to thank him enough for his dedication to our community.

I'm looking forward to many town events this month including Public Safety Day (October 15) and the Fall Festival (October 23). I will be there with my family, and I hope to see many of you there as well.

Best,

*Melissa Murphy Rodrigues, Esq., Town Manager*



*For the fourth year in a row, Sudbury has earned the Government Finance Officers Association (GFOA) Certificate of Achievement for Excellence in Financial Reporting. Show above is Finance Director Dennis Keohane adding the 2015 award designation to Sudbury GFOA plaque.*



## From the Selectmen's Office

### August 16

The Board amended the mission statement for the [Fairbank Community Center Study Task Force](#), and appointed several members to the committee. They also discussed progress on the Bruce Freeman Rail Trail design process as well as a mission statement for the proposed BFRT Task Force. It was decided that actions would not be taken at the meeting regarding changes to building code, drafting of pro and con argument requirements for Town election warrants as well as exercising Right of First Refusal on a parcel on Mary Catherine Lane. It was voted to make Tall Pine Drive a public way and to designate Vice-Chairman Woodard as the Board's liaison to Town staff in developing a plan for disbursing funds received from development of the former Raytheon site.

### September 6

The Board approved the Bruce Freeman Frail Trail Design Implementation Task Force mission statement; the committee will be seeking members shortly. Capital items to go before Town Meeting were discussed, as well as whether to change part of the building code pertaining to fees and whether to issue a new RFP for the former police station property.

### September 7

The Board met in Executive Session to discuss issues pertaining to the proposed [Eversource transmission line project](#).

### September 9

The Board met in Executive Session to discuss issues pertaining to the [Village at Sudbury Station](#) comprehensive permit application.

### September 20

The Board signed the [warrant](#) for the [October 17, 2016 Special Town Meeting](#). Petition articles regarding overhead power lines and the addition of an all alcohol package store license submitted for Special Town Meeting were discussed as well as issues pertaining to removal of plantings and trees by Eversource in South Sudbury.

*Please note: The above description reflects some of the agenda items discussed at recent Board meetings. They are not meant to be exhaustive of materials received by the Board or all comments on agenda items. For further meeting details, please go to [SudburyTV.org](http://SudburyTV.org) to replay the meeting or view the Board of Selectmen meeting minutes, found at: <https://sudbury.ma.us/boardofselectmen/meetings/>*

## Building Department

As we head into the fall, we have been very busy carrying out the school inspections with the Fire Department and are now gearing up for the restaurant inspections.

We have issued numerous building, wiring and plumbing permits for remodels and additions, and expect them to continue during the course of the year, while roofing permits have slightly tapered off.

The old Raytheon building is being removed in an environmentally safe manner. All utilities

have been disconnected, hazardous materials were professionally removed, the steel and other metals are being hauled away to be recycled while concrete is recycled for other uses on location.



*Steel getting carted off to be recycled from the Raytheon site.*



*Demolition in progress at the Raytheon site.*

The permit for Whole Foods has been issued and they are hoping to start work this fall.

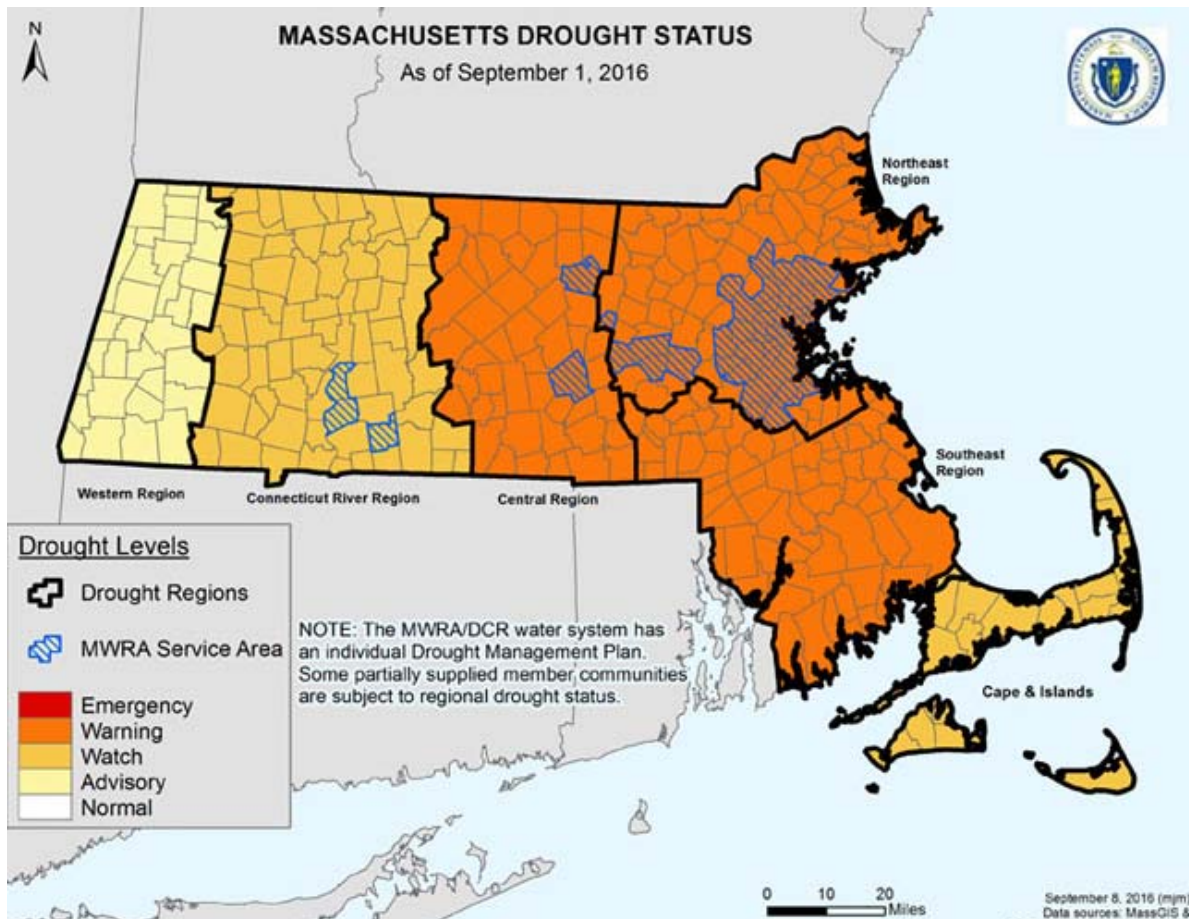
We have received several inquiries about future demos of homes to be replaced with new ones, and idle parcels of land are seeing activity.

*Submitted by: Mark Herweck, Building Inspector*

## Department of Conservation

The Conservation Department has been very busy over the summer. With drought conditions and restrictions, the Commission is doing what it

can to monitor the Wetlands and habitat of affected wildlife.







*Drought conditions at Haynes Meadow Pond.*

The Commission has also been busy with many hearings, Rail Trail, Raytheon redevelopment, a new 40B project at the Coolidge, and other resident requests for downed tree removal, additions to homes, wetland delineations as well as Stormwater reviews, and many other issues impacting our Wetlands.

The Commission issued over 35 Certificates of Compliance for projects involving wetlands over the summer. We wish to thank the homeowners for their cooperation in closing out these projects.

Residents are encouraged to check with our office if you have questions about your property and whether there are jurisdictional requirements on your property prior to doing work.



*Commissioner Bruce Porter inspecting a storm water rain garden installation.*

As always, please feel free to visit our webpage or contact our office with any questions about Conservation Issues.

*Submitted by: Kirsten Roopenian, Conservation Department*

## Facilities Department

It was four years ago this month that Sudbury residents voted against replacing the existing roof covering at the Fairbank Community center. The residents who attended the September 2012 Special Town Meeting preferred that the Town evaluate the long term planning for the center, and create a committee to evaluate the building as well as options for its future. Since then, there have been many meetings and several options and suggestions on how to move forward with the aging Community Center.

The Fairbank Community Center Task Force, created as a result of the meeting four years

ago, is an ad hoc entity established by and reporting to the Board of Selectmen in order to provide a thorough assessment of the capacity of the existing building to meet the current and future program and office needs and goals of the Park and Recreation Department, including the Teen Center and the Atkinson Pool, the Council on Aging, and the Sudbury Public Schools Administration as they are current tenants in the building and require office space. The ultimate final product of the Task Force will be to advise the Board of Selectmen as to the best options for dealing with the failing roof on the non-Pool section of the Fairbank Community Center, as



well as the best long term plans and investment in the entire facility and its occupants.

The Board of Selectmen amended and extended the mission of the Task Force to include bringing forth the proposal for a Master Plan at Town Meeting in May 2013, and to include the Sudbury Public Schools administration in the Master Plan in 2016, and extended the term of the committee to May 31, 2017. The Task Force will continue as a research committee for programs and user groups and to disseminate information on behalf of user groups. The Task Force will also be charged with private fund raising to support a portion of the construction costs. The Task Force will continue working with the Permanent Building Committee with respect to designer selection and development of the future plans and final design plans. The Task Force will provide a mechanism for thoughtful and public review of the best alternatives for dealing with the current and future use and space needs at the Fairbank Community Center and will bring forth the proposal for a master building and operations plan at Town Meeting.

Responsibilities of the Task Force include concentration on the following issues:

1. What are the future space and office needs of Recreation and Council on Aging programs in the future, and how could those needs be accommodated vis-à-vis the current building footprint? What additions to the building might be required

and what are options for those additions? What major sections might need to be changed or redeveloped? How would all these potential building changes be related to the proposed roof replacement? Can a reasonable total square footage number be preliminarily generated for cost estimation purposes?

2. What kind of community center facility have other towns constructed? What is the square footage? Do they include an indoor pool (natatorium)? How much did those facilities cost? How were they financed?

How long did the project take from initial design to opening?

These questions are starting points in the overall goal of developing a



*Fairbank Community Center*

report for the Board of Selectmen and the community on the future plans and needs desired at the Community Center. The committee has resumed meeting after a summer break, and has a challenging and aggressive schedule in order to best develop a master plan for a new facility. The purpose of this news story is to be sure residents are aware of the committee's efforts and participate at their meetings when possible. The committee has voted on pursuing the so-called option 3 plan, which is shown on the following page. This option is being studied and evaluated for its capital costs as well as the future annual operating expenses and revenues.







## Fire Department

### Engine Maintenance and Upgrades

We spend a tremendous amount of time and energy maintaining our fire trucks and ambulances. Because most apparatus is constructed of a few dis-similar metals, we find that most manufacturers have not completely mastered the issue of paint corrosion. A five-year paint warranty is the industry standard, but because of the issues we have had in the past, we now specify a ten-year paint warranty when purchasing new apparatus.



*Fire Engine 3: Before*

This more stringent specification worked to our advantage when we began to notice bubbling paint on our North Sudbury Engine 3, which we purchased in 2008. We sent the truck back to the dealership where it spent a month in the paint

shop. All of the compartment doors were removed and all the problem areas were sanded, primed, and re-painted. All of this work, including new lettering and pin striping was performed under warranty at no cost to the Town.



*Fire Engine 3: After*

In addition, we decided to increase the visibility of the rear of the truck by installing new reflective chevrons. We also replaced the rear emergency lighting with more effective strobe lights and upgraded the standard running lights to LED panels.



*New reflective chevrons and lights added to Engine 3*



### **Congratulations Michael Donoghue**

Firefighter/Paramedic Michael Donoghue (shown in the picture below) graduated from the Recruit Training class at the Massachusetts Fire Academy on August 22, 2016. Mike has done a fine job since he started with us in April. We look forward to having him on our team here at the Sudbury Fire Department.



### **New Vehicle Stabilization Tool**

On occasion, we are faced with motor vehicle accidents that leave cars in a precarious and dangerous position. In the past, we have relied on a few wood blocks carried on the fire engine to stabilize these vehicles. To provide for increased safety for both the accident victims and our public safety personnel, we recently purchased the Paratech Strut System. These struts do a great job of stabilizing the vehicle, making it much safer when treating the patient and getting them extricated.

We purchased the struts from Northeast Rescue Systems in Dedham and they recently sent an instructor to train all of our firefighters.



Northeast representative Jim Bertram will conduct one training session for each of our four Sudbury Fire Department work groups to give them the skills they need to use these struts at an incident.



*In the picture above, Firefighter/Paramedic Alex Gardner plants the strut and prepares to secure it to the car with a ratcheting strap. With one strut on each side, the car would be prevented from rolling or moving and causing further injury.*

### **Public Safety Day**

The Sudbury Fire Department, along with the Sudbury Police Department, will host a Public Safety Day on Saturday, October 15, 2016 from 11:00 AM to 2:00 PM. The event will be held at





Sudbury Fire Headquarters located at 77 Hudson Road in Sudbury. The Open House is aimed at teaching families about Sudbury's Public Safety services.

This Public Safety Open House is an annual event commemorating National Fire Safety Month. Participants will receive safety tips from

both the Fire Department and Police Department. The event will have numerous police, fire and rescue vehicles on display. There will be safety handouts, and Papa Gino's will provide free coloring sheets and pizza.

*Submitted by: Fire Chief Miles*

## Goodnow Library

### NEW Minuteman App!

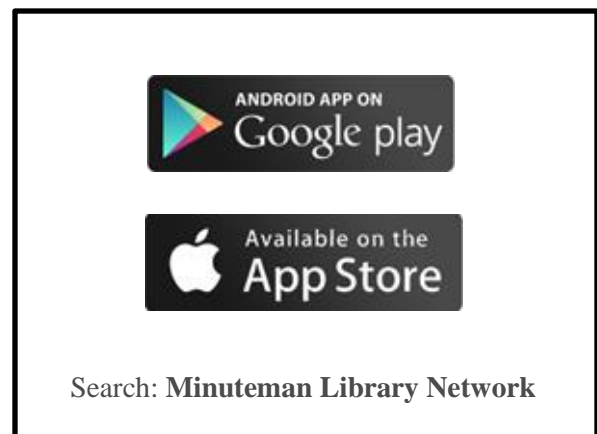
The Minuteman Library Network has just launched a library mobile app. Users now have the ability to carry the library in their pocket. The app is released for both the iOS and Android platforms.



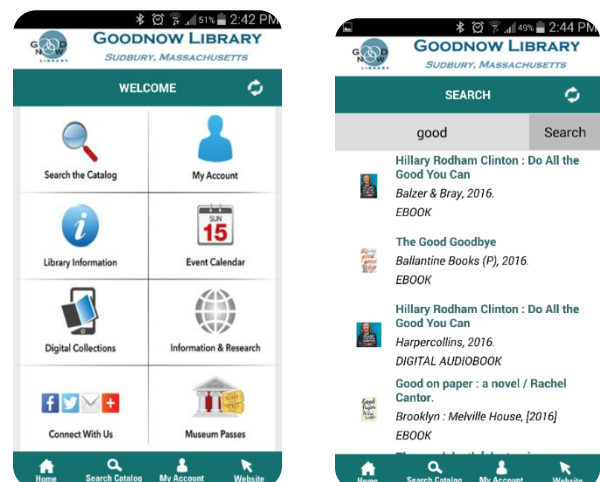
Users on the go can use the app to search the catalog and place holds, keep tabs on their library account, renew or freeze their items and manage holds. Users have access to a digital library card on their phone. The app provides access to thousands of eBooks, streaming movies, digital magazines, and premium subscription resources for lifelong learning.

The app is customized for each library in the Minuteman Network – it's like having 43 different apps, each with its own unique resources, events and social media. Users can quickly find their library's hours, directions or contact information for their local branch. "We wanted to create a personalized experience for each of our library's patrons in Minuteman. The libraries in our network have such unique resources, it is only fitting that their app matches their unique personalities. We were very fortunate to have our wishes carried out by our contractor - Capira Technologies. Mike Berse, the Lead Developer worked hard to make sure the app is serving both the whole network as

well as each individual library. We got the best of both worlds," said Inna Ivers, a representative from the Network.



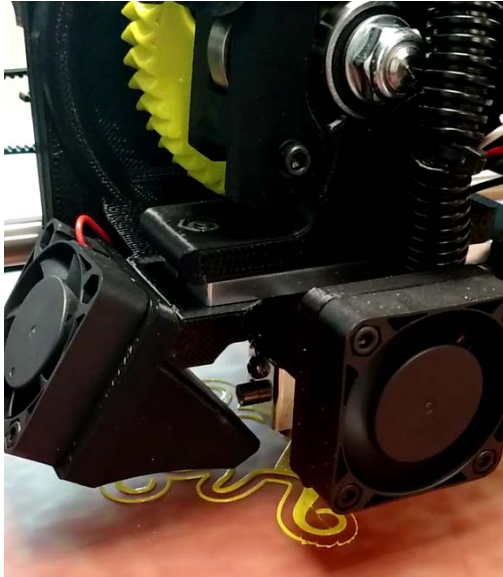
The app is now available for download in both the Apple App Store and Google Play. To find the app, search for "Minuteman Library Network".





### Highlight: Teen Programming

Summer is officially over, but Teen programming is not slowing down. It's going to be a busy fall at the library.



Starting with the first school early release day in September, we're going to start offering workshops in the use of our new **3D printer**. In many ways, this is the real beginning of our makerspace. We want our patrons to see the library in a new light—as a neighborhood hub of learning and sharing ideas. The 3D printer is just the first step in drawing in the community to become real participants in its future. From the workshops, we hope to attract both teens and adults who will be willing to volunteer their time and knowledge in teaching others, not only in the use of the 3D printer, but in other skills and technologies that will be featured in our makerspace.



Another new program we'll be offering this fall

is the **Girls Who Code Club**. This is part of a nationwide initiative to inspire and nurture young women's interest in math, sciences, and engineering. Over the last 30 years, the number of female computer science graduates has dropped by about 20%. The Girls Who Code organization was founded with the specific intention of closing this gender gap. It offers a curriculum to teach programming at a grass roots level. It also encourages girls to support each other in a caring environment. Starting in October, the Girls Who Code Club will be meeting every week in the library. Based on the experience of other libraries who have offered this program, we expect this to be very popular.

We'll also be offering other non-tech programs this September. I'm excited about the formation of a brand new **Teen Advisory Group** that will be meeting for the first time this month. This will give me a chance to hear direct input from a group of teens about the kind of books they like to read and the kind of programming they'd like to see at the library. I'm also hoping it will function as a means of advertising activities at the library through word of mouth.



A local author, Leta Serafim, has also generously offered to teach a **Teen Writing Workshop**. With her years of experience writing for the *Los Angeles Times* Washington Bureau and the *Boston Globe*, and the publication of her Greek island mystery novels, she's well-qualified to lead this workshop.



We're hoping to attract teens who may need some inspiration in writing their college application essays or SAT essays, or just want to polish their everyday writing.



And speaking of college applications, we'll also be hosting two admissions consultants who will present a program called, "It Wasn't Like This When We Applied to College." As the title suggests, they plan to help guide parents and teens through the maze of the current **college admission process**. As a parent of both a high school senior and a freshman, I think this should be a very popular program.

That's just the beginning of the teen fall programming! Check the calendar for upcoming events or contact Robert, our Teen Librarian at [rcarter@minlib.net](mailto:rcarter@minlib.net)

### Introducing Sensory Storytimes

Sensory Storytime is a storytime designed for children ages 4 and up with autism spectrum disorders, sensory integration issues, other developmental disabilities, and their typically

developing peers. This storytime will be similar to other storytimes at Goodnow Library, but will feature a visual schedule and be flexible with child behavior. If your child has difficulty sitting through one of our other storytimes, this program of stories, songs, and activities might be just what you are looking for. This storytime welcomes anyone to come as they are to participate as much as they can and stay afterwards for socialization and networking. Our first storytime will be Saturday, October 1st. Look for it on the Children's Department print and online calendars.



*Submitted by: Esmé Green, Library Director*

## Board of Health

### FLU FACTS: *What you need to know*



Flu Season is just around the corner. Flu is caused by the influenza viruses. It spreads easily from person to person usually beginning in December and lasts until April. Remember your best protection is an annual flu vaccination.

Protect yourself by:

- Getting Vaccinated
- Cover your mouth when you sneeze or cough





- Wash your hands often with soap and water or hand gel
- Stay home if you are sick to prevent spreading germs to others

For 2016-2017 flu season, the CDC recommends use of the flu shot. The nasal spray flu vaccine (Flu Mist) should not be used during 2016-2017. There was a correlation between the Nasal Flu Vaccine and low effectiveness last flu season. Vaccines save lives and we need to remind everyone that vaccines are not just for children.

They are needed throughout our lifetime. Sudbury will hold its Annual Flu Clinic on October 6<sup>th</sup> at the Sudbury Senior Center from 11am-2pm and 6pm-8pm. Please call the Senior Center at 978-443-3055 to register. For more information go to this CDC web site: [http://www.cdc.gov/mmwr/volumes/65/rr/rr6505a1.htm?s\\_cid=rr6505a1\\_w](http://www.cdc.gov/mmwr/volumes/65/rr/rr6505a1.htm?s_cid=rr6505a1_w)

*Submitted by: Phyllis Schilp, Board of Health Nurse*

Sudbury Park, Recreation & Aquatics' 1st Annual

# FALL FESTIVAL

## SUNDAY, OCTOBER 23RD



### HALLOWEEN 5K & FUN RUN

The Halloween 5K is a timed event starting at 11am followed by a 1-Mile Fun Run around the paved Haskell Field loop. Costumes are encouraged, so get in the spirit!

<b>5K TIME:</b>	11:00 AM
<b>5K COST:</b>	\$27
<b>FUN RUN TIME:</b>	12:00 PM
<b>FUN RUN COST:</b>	\$12
<b>T-SHIRT:</b>	Register by October 5th to be guaranteed a t-shirt!

### SCARECROW CONTEST

We provide straw, a mounting, and twine; you provide materials needed for a face and any accessories you'd like for your family scarecrow. Clothing and accessories may not be returned, as the Scarecrows will be displayed until Halloween.

<b>TIME:</b>	12:30 - 5:00 PM
<b>COST:</b>	\$10 per family

\*Please note:  
we only have enough supplies for  
50 scarecrows, sign up early!



## A DAY FULL OF FUN FOR ALL AGES!

### ADDITIONAL ACTIVITIES

FACE PAINTING
CRAFTS
MUSICAL ENTERTAINMENT

PROCEEDS WILL BENEFIT THE SMILE PLAYGROUND!

Register at [www.SudburyRec.com](http://www.SudburyRec.com)



## Senior Center

### Lifelong Learning and Fitness

September is in full swing at the Sudbury Senior Center! The *Skeptic's Guide to American History* DVD series began on Wednesday, September 14 with an enrollment of 55 people. Many thanks to Ruth Griesel (former Senior Center director), Jane Graham, and Armin Henneberger for organizing this DVD series and facilitating the discussion each week.

Upcoming lifelong learning classes include *17<sup>th</sup> Century Dutch Art* starting on Wednesday, October 5 with Instructor Dr. Donald Oasis and a 3-part review and discussion of *Pearl Harbor* with Instructor Patrick Mullen beginning on Tuesday, October 4. Please see details in the September newsletter or call for more information at 978-443-3055.

The Senior Center fitness classes continue to be very popular. Tai Chi is offered Monday and Tuesday afternoons, Yoga on Tuesday mornings (2 sessions), Better Bones (strength and balance) on Monday afternoons, Fit for the Future on Mondays, Wednesdays and Fridays and Tap Dance on Thursday mornings, with a new Beginner Tap Dance Class on Thursdays from 9:00-9:30 AM.

### Fall Prevention

The Senior Center, in honor of Fall Prevention Day, hosted a Balance Assessment Clinic on Friday, September 23. Information on preventing falls is available on a table in our lounge. If you would like us to mail or email you some Fall Prevention information, please email us at [senior@sudbury.ma.us](mailto:senior@sudbury.ma.us) or call us at 978-443-3055.

### Flu Shots! Make an appointment!

Sudbury Board of Health Nurse Phyllis Schilp and her team of volunteers will be at the Senior

Center to offer flu shots (regular and extra strength) on Thursday, October 6 from 11:00 AM- 2:00 PM by appointment, and again from 6:00-8:00 PM that evening. Please call to make an appointment and remember to bring your Medicare and other insurance cards, and an accessible arm (easily rolled sleeves)!

### Uber Grant

The Senior Center staff and Council on Aging members are working on a proposal for a pilot project using Uber transportation for senior residents and persons with disabilities. This would be a time limited pilot sponsored by the MetroWest Health Foundation and Uber. More information will be available soon!

### Planning for the Future

As many of you know, the demographics of Sudbury, Massachusetts and the U.S. are changing – the proportion of residents who are in the 60+ category is growing. Sudbury already has approximately 3,800 residents 60 and older which is about 20% of the population. The 60+ population is projected to grow to 25% of the total within the next several years, with some of that growth due to planned age-restricted developments in town. The Sudbury Council on Aging and Senior Center are reviewing our strategic plan for the future of Sudbury. Looking ahead to the demographic changes, and knowing that there are residents who have disabilities, and residents who have dementia or family members with dementia, we are evaluating the value of a comprehensive Needs Assessment for Sudbury. This would include a survey as well as other information gathering methods to obtain data on the needs of residents, especially residents who are older, have dementia or are caregivers of people with dementia, and residents who are younger but have disabilities or chronic illness. As always, our ultimate goal



is being a family, age, disability and dementia friendly town.

### **Sudbury Council on Aging**

The Sudbury Council on Aging said goodbye to member Phyllis Bially in May 2016. Phyllis served as Treasurer, on the Transportation Committee, Nominating Committee, Walkways Committee and in many other roles. We will

miss Phyllis' wisdom and sense of humor!

Robert May was chosen as the new member to the Sudbury Council on Aging to fill Phyllis' seat and will be officially on the COA as of October 13, 2016. Welcome Bob!

*Submitted by: Deb Galloway, Senior Center Director*

### **Which Committee Will You **PICK**?**

Volunteers are sought for the below committees. Please click on the committee name to find out more about its work and to apply for a position.

COMING  
SOON!

Bruce Freeman Rail Trail Design Implementation Task Force

- [Community Emergency Response Team \(C.E.R.T.\)](#)
- [Commission on Disability](#)
- [Earth Removal Board](#)
- [Fairbank Community Center Study Task Force](#)
- [Medical Reserve Corps Executive Committee](#)
- [Memorial Day Committee](#)
- [Permanent Building Committee](#)
- [Ponds and Waterways Committee](#)
- [September 11 Memorial Garden Oversight Committee](#)

